



38. SOLA-Stafette

Zürich / 07.05.2011

□□□□

Molecular Beamers

□□: Ang.

□□: 438

□□: 116.80 km

Sola-Stafette

□□□□:

Langsame

□□□: 10:46:42

□□: 10.84 km/h

□□□□: 5:32 min/km

□□□□□: 608 (of 790)

□□□□□□: 6:52:28

□□□□□: 316(of 477)

□□□□□□□: 8:43:10

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:37	251	7:31	491	8:54	4.40	24:43	5:37	1	24:43	1	24:43
Buchlern	13.25		4:40	172	14:27	386	18:57	17.65	1:26:41	4:54	1	1:26:41	1	1:26:41
Uetliberg	6.20		6:59	375	14:07	666	17:43	23.85	2:10:00	5:27	1	2:10:00	1	2:10:00
Felsenegg	5.90		5:37	285	10:36	535	13:17	29.75	2:43:14	5:29	1	2:43:14	1	2:43:14
Buchlern	14.02		6:30	461	39:23	771	43:24	43.77	4:14:26	5:48	1	4:14:26	1	4:14:26
Hönggerberg	11.10		5:29	273	19:10	525	21:51	54.87	5:15:26	5:44	1	5:15:26	1	5:15:26
Irchel	5.10		5:20	175	8:07	383	10:27	59.97	5:42:39	5:42	1	5:42:39	1	5:42:39
Fluntern	6.34		6:32	450	17:35	755	19:40	66.31	6:24:07	5:47	1	6:24:07	1	6:24:07
Forch	11.30		5:06	147	16:16	338	19:08	77.61	7:21:55	5:41	1	7:21:55	1	7:21:55
Egg	8.75		7:02	458	28:16	768	29:30	86.36	8:23:36	5:49	1	8:23:36	1	8:23:36
Zumikon	12.99		4:05	1	-	21	6:09	99.35	9:16:44	5:36	1	9:16:44	1	9:16:44
Witikon	6.91		5:27	385	13:56	671	16:44	106.26	9:54:30	5:35	1	9:54:30	1	9:54:30
Fluntern	4.90		4:42	72	6:15	223	6:47	111.16	10:17:36	5:33	1	10:17:36	1	10:17:36
□□□	-	fehlt!	-	-	-	-	-	111.16	-	-	-	-	-	-
Irchel	5.64		5:09	226	8:53	453	10:27	116.80	10:46:42	5:32	328	2:36:30	627	3:54:46