



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Roehl, Christian

Club: Berlin  
Number: 43

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M45 (45-49 Jahre)

Total time: 10:47:33

Speed: 9.27 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 33 (of 272)

Rank in course/Men: 30 (of 232)

Best time in course: 8:54:18

Rank in category: 10(of 47)

Best time in the category: 9:33:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:46:17	6:04	13	22:27	39	36:36	27.39	2:46:17	6:04	35		34	36:36
Floh-Seligenthal	27.74	2:44:27	5:55	12	21:36	34	25:10	55.13	5:30:44	5:59	34		32	59:01
Finsterbergen	22.03	2:33:30	6:58	9	19:05	27	27:02	77.16	8:04:14	6:16	33		32	1:20:17
Fröttstädt	22.84	2:43:19	7:09	10	25:50	31	39:39	100.00	10:47:33	6:28	10	1:14:12	30	1:53:15