



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Richter, Michael

Club: Hannover
Number: 531

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:27:04

Speed: 10.69 km/h
Running performance: 5:37 min/km

Rank in course/Total: 130 (of 467)

Rank in course/Men: 121 (of 387)

Best time in course: 1:40:22

Rank in category: 25 (of 59)

Best time in the category: 1:47:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:10	5:30	23	4:30	122	5:39	3.30	18:10	5:30	23	4:30	122	5:39
Schlüsie	3.10	19:50	6:23	29	5:18	140	6:46	6.40	38:00	5:56	25	9:48	130	12:24
Hermannsklippe	2.60	17:34	6:45	30	4:54	142	6:13	9.00	55:34	6:10	28	14:42	140	18:37
Brocken	3.10	27:16	8:47	25	7:23	112	9:29	12.10	1:22:50	6:50	27	21:54	123	28:06
Eiserner Handwe	3.60	18:25	5:06	27	5:37	154	6:05	15.70	1:41:15	6:26	29	27:31	132	34:10
Schlüsie	4.10	16:47	4:05	23	4:39	115	5:11	19.80	1:58:02	5:57	28	32:10	129	38:57
Loddenke	3.10	13:52	4:28	25	3:44	127	3:57	22.90	2:11:54	5:45	26	35:54	126	42:43
Ilseburg/Markt	3.30	15:10	4:35	25	4:01	126	4:22	26.20	2:27:04	5:36	25	39:55	121	46:42