



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Borkowski, Jan

Club: TTC Concordia Welsleben
Number: 67

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:52:57

Speed: 9.02 km/h
Running performance: 6:36 min/km

Rank in course/Total: 314 (of 467)

Rank in course/Men: 280 (of 387)

Best time in course: 1:40:22

Rank in category: 46(of 59)

Best time in the category: 1:47:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:28	6:48	55	8:48	348	9:57	3.30	22:28	6:48	60	8:48	388	9:57
Schlüsie	3.10	23:25	7:33	52	8:53	314	10:21	6.40	45:53	7:10	60	17:41	388	20:17
Hermannsklippe	2.60	20:32	7:53	49	7:52	293	9:11	9.00	1:06:25	7:22	60	25:33	388	29:28
Brocken	3.10	33:20	10:45	47	13:27	283	15:33	12.10	1:39:45	8:14	60	38:49	388	45:01
Eiserner Handwe	3.60	21:03	5:50	47	8:15	271	8:43	15.70	2:00:48	7:41	60	47:04	388	53:43
Schlüsie	4.10	18:41	4:33	36	6:33	207	7:05	19.80	2:19:29	7:02	60	53:37	388	1:00:24
Loddenke	3.10	15:45	5:04	42	5:37	239	5:50	22.90	2:35:14	6:46	60	59:14	384	1:06:03
Ilseburg/Markt	3.30	17:43	5:22	42	6:34	259	6:55	26.20	2:52:57	6:36	46	1:05:48	280	1:12:35