



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Luber, Anton

Club: BSG N-ERGIE  
Number: 704

Course: 75.07 km  
DM der DUV

Category:  
Männer M45

Total time: 8:19:29

Speed: 9.02 km/h  
Running performance: 6:39 min/km

Rank in course/Total: 21 (of 48)

Rank in course/Men: 19 (of 38)

Best time in course: 5:46:25

Rank in category: 6 (of 9)

Best time in the category: 6:33:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Floh-Seligenthal	26.92	2:41:10	5:59	8	42:37	25	47:38	26.92	2:41:10	5:59	8	42:37	3	46:02
Finsterbergen	24.12	2:46:29	6:54	6	40:28	21	54:19	51.04	5:27:39	6:25	8	35:22	3	1:40:21
Fröttstädt	24.83	2:51:50	6:55	4	26:27	14	52:43	75.07	8:19:29	6:39	6	1:46:14	19	2:33:04