



50. Brockenlauf

Ilseburg / 04.09.2021

Detailed evaluation

Holub, Ulrich

Club: SV Kyffhäuser
Number: 17

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:54:15

Speed: 9.02 km/h
Running performance: 6:39 min/km

Rank in course/Total: 321 (of 467)

Rank in course/Men: 286 (of 387)

Best time in course: 1:40:22

Rank in category: 51(of 67)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:03	6:04	43	4:41	250	7:32	3.30	20:03	6:04	68	4:41	388	7:32
Schlüsie	3.10	23:13	7:29	54	7:19	304	10:09	6.40	43:16	6:45	68	11:48	388	17:40
Hermannsklippe	2.60	21:41	8:20	54	7:35	324	10:20	9.00	1:04:57	7:13	68	19:23	388	28:00
Brocken	3.10	33:55	10:56	51	11:50	300	16:08	12.10	1:38:52	8:10	68	31:13	388	44:08
Eiserner Handwe	3.60	20:29	5:41	45	5:54	250	8:09	15.70	1:59:21	7:36	68	36:15	388	52:16
Schlüsie	4.10	19:36	4:46	42	5:57	246	8:00	19.80	2:18:57	7:01	68	41:04	388	59:52
Loddenke	3.10	16:42	5:23	48	5:04	279	6:47	22.90	2:35:39	6:47	66	46:03	384	1:06:28
Ilseburg/Markt	3.30	18:36	5:38	53	5:40	293	7:48	26.20	2:54:15	6:39	51	51:27	286	1:13:53