



# 38. SOLA-Stafette

Zürich / 07.05.2011

## Detailed evaluation

### Traumläufer

Club: Ang.  
Number: 475

Course: 116.80 km  
Sola-Stafette

Category:  
Langsame

Total time: 11:31:46

Speed: 10.13 km/h  
Running performance: 5:55 min/km

Rank in course: 748 (of 790)

Best time in course: 6:52:28

Rank in category: 443 (of 477)

Best time in the category: 8:43:10

### Intermediate times

### Stage score

### Total ranking

| Control     | Split km | Split Time | Split min/km | Pos  |       | Behind |       | Total km | Total Time | Total min/km | Pos  |          | Behind |          |
|-------------|----------|------------|--------------|------|-------|--------|-------|----------|------------|--------------|------|----------|--------|----------|
|             |          |            |              | Cat. | Cat.  | Total  | Total |          |            |              | Cat. | Cat.     | Total  | Total    |
| Hönggerberg | 4.40     |            | 5:05         | 101  | 5:14  | 254    | 6:37  | 4.40     | 22:26      | 5:05         | 1    | 22:26    | 1      | 22:26    |
| Buchlern    | 13.25    |            | 6:07         | 465  | 33:35 | 774    | 38:05 | 17.65    | 1:43:32    | 5:51         | 1    | 1:43:32  | 1      | 1:43:32  |
| Uetliberg   | 6.20     |            | 7:23         | 417  | 16:38 | 717    | 20:14 | 23.85    | 2:29:22    | 6:15         | 1    | 2:29:22  | 1      | 2:29:22  |
| Felsenegg   | 5.90     |            | 5:34         | 270  | 10:14 | 514    | 12:55 | 29.75    | 3:02:14    | 6:07         | 1    | 3:02:14  | 1      | 3:02:14  |
| Buchlern    | 14.02    |            | 4:42         | 104  | 14:08 | 264    | 18:09 | 43.77    | 4:08:11    | 5:40         | 1    | 4:08:11  | 1      | 4:08:11  |
| Hönggerberg | 11.10    |            | 6:17         | 427  | 27:57 | 726    | 30:38 | 54.87    | 5:17:58    | 5:47         | 1    | 5:17:58  | 1      | 5:17:58  |
| Irchel      | 5.10     |            | 5:52         | 292  | 10:50 | 562    | 13:10 | 59.97    | 5:47:54    | 5:48         | 1    | 5:47:54  | 1      | 5:47:54  |
| Fluntern    | 6.34     |            | 6:06         | 404  | 14:49 | 700    | 16:54 | 66.31    | 6:26:36    | 5:49         | 1    | 6:26:36  | 1      | 6:26:36  |
| Forch       | 11.30    |            | 6:27         | 435  | 31:26 | 743    | 34:18 | 77.61    | 7:39:34    | 5:55         | 1    | 7:39:34  | 1      | 7:39:34  |
| Egg         | 8.75     |            | 7:06         | 459  | 28:46 | 770    | 30:00 | 86.36    | 8:41:45    | 6:02         | 1    | 8:41:45  | 1      | 8:41:45  |
| Zumikon     | 12.99    |            | 5:11         | 162  | 14:24 | 373    | 20:33 | 99.35    | 9:49:17    | 5:55         | 1    | 9:49:17  | 1      | 9:49:17  |
| Witikon     | 6.91     |            | 6:02         | 443  | 17:57 | 747    | 20:45 | 106.26   | 10:31:04   | 5:56         | 1    | 10:31:04 | 1      | 10:31:04 |
| Fluntern    | 4.90     |            | 4:42         | 69   | 6:13  | 219    | 6:45  | 111.16   | 10:54:08   | 5:53         | 1    | 10:54:08 | 1      | 10:54:08 |
| Control     | -        | fehlt!     | -            | -    | -     | -      | -     | -        | -          | -            | -    | -        | -      | -        |
| Irchel      | -        | fehlt!     | -            | -    | -     | -      | -     | 116.80   | -          | -            | 455  | -        | 768    | -        |