



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

String, Philipp

Club: Stader SV
Number: 449

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:41:15

Speed: 9.75 km/h
Running performance: 6:09 min/km

Rank in course/Total: 236 (of 467)

Rank in course/Men: 215 (of 387)

Best time in course: 1:40:22

Rank in category: 10 (of 28)

Best time in the category: 2:08:33

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:07	5:47	7	2:46	188	6:36	3.30	19:07	5:47	7	2:46	188	6:36
Schlüsie	3.10	20:50	6:43	7	3:19	182	7:46	6.40	39:57	6:14	7	6:05	184	14:21
Hermannsklippe	2.60	18:18	7:02	8	3:09	194	6:57	9.00	58:15	6:28	7	9:14	185	21:18
Brocken	3.10	28:50	9:18	4	5:03	149	11:03	12.10	1:27:05	7:11	6	14:17	177	32:21
Eiserner Handwe	3.60	19:49	5:30	11	3:59	217	7:29	15.70	1:46:54	6:48	7	18:16	180	39:49
Schlüsie	4.10	19:12	4:40	11	4:18	232	7:36	19.80	2:06:06	6:22	8	22:34	182	47:01
Loddenke	3.10	16:18	5:15	14	4:13	261	6:23	22.90	2:22:24	6:13	8	26:47	194	53:13
Ilseburg/Markt	3.30	18:51	5:42	18	5:55	301	8:03	26.20	2:41:15	6:09	10	32:42	215	1:00:53