



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Tedt, Thorsten

Club: Siek
Number: 456

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:48:22

Speed: 9.34 km/h
Running performance: 6:26 min/km

Rank in course/Total: 280 (of 467)

Rank in course/Men: 251 (of 387)

Best time in course: 1:40:22

Rank in category: 28 (of 50)

Best time in the category: 1:43:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:44	5:58	27	6:05	221	7:13	3.30	19:44	5:58	27	6:05	221	7:13
Schlüsie	3.10	20:56	6:45	23	6:46	190	7:52	6.40	40:40	6:21	25	12:51	205	15:04
Hermannsklippe	2.60	19:26	7:28	32	7:33	248	8:05	9.00	1:00:06	6:40	28	20:24	226	23:09
Brocken	3.10	33:30	10:48	34	14:58	289	15:43	12.10	1:33:36	7:44	31	35:22	251	38:52
Eiserner Handwe	3.60	19:48	5:30	25	7:06	216	7:28	15.70	1:53:24	7:13	28	42:28	241	46:19
Schlüsie	4.10	20:34	5:00	35	8:27	284	8:58	19.80	2:13:58	6:45	29	50:55	253	54:53
Loddenke	3.10	16:46	5:24	32	6:44	281	6:51	22.90	2:30:44	6:34	29	57:39	255	1:01:33
Ilseburg/Markt	3.30	17:38	5:20	28	6:50	253	6:50	26.20	2:48:22	6:25	28	1:04:29	251	1:08:00