



### 3. SPORTident Winter-Stundenlaufserie mit Musik (1.Lauf)

Arnstadt / 25.02.2026

#### Detailed evaluation

Therese Sommer

Number: 61

Course: 0.49 km/Lap

Halbstundenlauf

Category:

Seniorinnen W35 (35-39) H

Total time: 26:58

Speed: 8.90 km/h

Running performance: 6:06 min/km

Laps: 9 (4.41 km)

Rank in course/Women: 16 (of 36)

Rank in category: 2(of 4)

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	0.49	3:04	6:15	2	1:04	20	1:14	0.49	3:04	6:15	2	1:04	20	1:14	
Lap 2	0.49	2:53	5:53	2	0:54	17	0:54	0.98	5:57	6:04	2	1:58	18	2:03	
Lap 3	0.49	2:55	5:57	2	0:53	16	0:53	1.47	8:52	6:01	2	2:51	17	2:52	
Lap 4	0.49	2:58	6:03	2	0:55	12	0:55	1.96	11:50	6:02	2	3:46	16	3:46	
Lap 5	0.49	3:01	6:09	2	1:00	15	1:00	2.45	14:51	6:03	2	4:46	15	4:46	
Lap 6	0.49	3:00	6:07	2	0:55	14	0:55	2.94	17:51	6:04	2	5:41	15	5:41	
Lap 7	0.49	3:02	6:11	2	0:57	15	0:57	3.43	20:53	6:05	2	6:38	15	6:38	
Lap 8	0.49	3:01	6:09	2	0:54	13	0:54	3.92	23:54	6:05	2	7:32	15	7:32	
Lap 9	0.49	3:04	6:15	2	0:58	18	0:58	4.41	26:58	6:06	2	8:30	15	8:30	