



38. SOLA-Stafette

Zürich / 07.05.2011

Detailed evaluation

Hochschulrunners Konstanz 1

Club: UNI
Number: 510

Course: 116.80 km
Sola-Stafette

Category:
Schnelle

Total time: 7:35:54

Speed: 15.37 km/h
Running performance: 3:56 min/km

Rank in course: 8 (of 790)

Best time in course: 6:52:28

Rank in category: 8 (of 313)

Best time in the category: 6:52:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hönggerberg	4.40		4:02	13	1:59	15	1:59	4.40	17:48	4:02	1	17:48	1	17:48
Buchlern	13.25		3:31	6	3:42	6	3:42	17.65	1:04:31	3:39	1	1:04:31	1	1:04:31
Uetliberg	6.20		5:01	36	5:32	43	5:32	23.85	1:35:39	4:00	1	1:35:39	1	1:35:39
Felsenegg	5.90		3:52	10	2:54	11	2:54	29.75	1:58:30	3:58	1	1:58:30	1	1:58:30
Buchlern	14.02		3:33	6	2:00	6	2:00	43.77	2:48:18	3:50	1	2:48:18	1	2:48:18
Hönggerberg	11.10		4:06	22	6:28	29	6:28	54.87	3:33:55	3:53	1	3:33:55	1	3:33:55
Irchel	5.10		3:53	18	3:05	20	3:05	59.97	3:53:46	3:53	1	3:53:46	1	3:53:46
Fluntern	6.34		3:54	15	3:00	17	3:00	66.31	4:18:34	3:53	1	4:18:34	1	4:18:34
Forch	11.30		4:00	18	6:37	20	6:37	77.61	5:03:51	3:54	1	5:03:51	1	5:03:51
Egg	8.75		4:25	46	6:35	58	6:35	86.36	5:42:37	3:58	1	5:42:37	1	5:42:37
Zumikon	12.99		4:00	14	4:59	14	4:59	99.35	6:34:35	3:58	1	6:34:35	1	6:34:35
Witikon	6.91		3:19	9	1:57	9	1:57	106.26	6:57:34	3:55	1	6:57:34	1	6:57:34
Fluntern	4.90		3:30	7	0:54	9	0:54	111.16	7:14:47	3:54	1	7:14:47	1	7:14:47
Control	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Irchel	-	fehlt!	-	-	-	-	-	116.80	-	-	9	-	9	-