



50. Brockenlauf

Ilseburg / 04.09.2021

□□□□

Willer, Felix

□□: Altenoythe

□□: 496

□□: 26.20 km

26,2 km - Lauf

□□□□:

Männer (20-29 Jahre)

□□□: 2:45:09

□□: 9.52 km/h

□□□□: 6:18 min/km

□□□□□/□□□□: 264 (of 467)

□□□□□/□: 238 (of 387)

□□□□□□: 1:40:22

□□□□□: 20(of 27)

□□□□□□□: 1:49:51

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 18:43 | 5:40 | 18 | 6:12 | 155 | 6:12 | 3.30 | 18:43 | 5:40 | 28 | 6:12 | 388 | 6:12 |
| Schlüsie | 3.10 | 20:17 | 6:32 | 18 | 6:41 | 158 | 7:13 | 6.40 | 39:00 | 6:05 | 28 | 12:53 | 388 | 13:24 |
| Hermannsklippe | 2.60 | 17:58 | 6:54 | 18 | 5:59 | 169 | 6:37 | 9.00 | 56:58 | 6:19 | 28 | 18:52 | 388 | 20:01 |
| Brocken | 3.10 | 31:47 | 10:15 | 19 | 11:43 | 235 | 14:00 | 12.10 | 1:28:45 | 7:20 | 28 | 30:35 | 388 | 34:01 |
| Eiserner Handwe | 3.60 | 20:22 | 5:39 | 20 | 6:49 | 242 | 8:02 | 15.70 | 1:49:07 | 6:57 | 28 | 37:24 | 388 | 42:02 |
| Schlüsie | 4.10 | 20:00 | 4:52 | 21 | 6:24 | 260 | 8:24 | 19.80 | 2:09:07 | 6:31 | 28 | 43:15 | 388 | 50:02 |
| Loddenke | 3.10 | 17:40 | 5:41 | 23 | 6:11 | 310 | 7:45 | 22.90 | 2:26:47 | 6:24 | 28 | 49:19 | 384 | 57:36 |
| Ilseburg/Markt | 3.30 | 18:22 | 5:33 | 24 | 6:09 | 283 | 7:34 | 26.20 | 2:45:09 | 6:18 | 20 | 55:18 | 238 | 1:04:47 |