



# 50. Brockenlauf

Ilseburg / 04.09.2021

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Ritter, Elisa

□□: Halle

□□: 366

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W30 (30-34 Jahre)

□□□: 2:30:07

□□: 10.47 km/h

□□□□: 5:44 min/km

□□□□□/□□□: 157 (of 467)

□□□□□/□: 12 (of 80)

□□□□□□: 2:03:14

□□□□□: 2 (of 9)

□□□□□□□: 2:03:14

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:09	5:48	4	4:14	16	4:14	3.30	19:09	5:48	4	4:14	16	4:14
Schlüsie	3.10	20:54	6:44	3	4:11	17	4:11	6.40	40:03	6:15	4	8:25	17	8:25
Hermannsklippe	2.60	17:49	6:51	2	3:05	12	3:05	9.00	57:52	6:25	3	11:30	15	11:30
Brocken	3.10	28:25	9:09	2	3:45	11	3:45	12.10	1:26:17	7:07	2	15:15	13	15:15
Eiserner Handwe	3.60	17:58	4:59	4	3:28	14	3:28	15.70	1:44:15	6:38	2	18:43	12	18:43
Schlüsie	4.10	17:15	4:12	4	3:19	13	3:19	19.80	2:01:30	6:08	2	22:02	12	22:02
Loddenke	3.10	13:37	4:23	3	2:13	9	2:13	22.90	2:15:07	5:54	2	24:15	12	24:15
Ilseburg/Markt	3.30	15:00	4:32	2	2:38	8	2:38	26.20	2:30:07	5:43	2	26:53	12	26:53