



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Karnahl, Eckhard

Club: Gerbstedt / OT Augsdorf
Number: 220

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:59:20

Speed: 8.70 km/h
Running performance: 6:50 min/km

Rank in course/Total: 348 (of 467)

Rank in course/Men: 306 (of 387)

Best time in course: 1:40:22

Rank in category: 16(of 28)

Best time in the category: 2:08:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:30	6:30	17	5:09	311	8:59	3.30	21:30	6:30	29	5:09	388	8:59
Schlüsie	3.10	23:20	7:31	16	5:49	310	10:16	6.40	44:50	7:00	29	10:58	388	19:14
Hermannsklippe	2.60	21:38	8:19	20	6:29	323	10:17	9.00	1:06:28	7:23	29	17:27	388	29:31
Brocken	3.10	36:33	11:47	20	12:46	334	18:46	12.10	1:43:01	8:30	29	30:13	388	48:17
Eiserner Handwe	3.60	20:22	5:39	13	4:32	242	8:02	15.70	2:03:23	7:51	29	34:45	388	56:18
Schlüsie	4.10	22:32	5:29	22	7:38	330	10:56	19.80	2:25:55	7:22	29	42:23	388	1:06:50
Loddenke	3.10	15:43	5:04	11	3:38	237	5:48	22.90	2:41:38	7:03	29	46:01	384	1:12:27
Ilseburg/Markt	3.30	17:42	5:21	14	4:46	256	6:54	26.20	2:59:20	6:50	16	50:47	306	1:18:58