



8. Thüringer ULTRA  
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

**Bartkowski, Markus**

Club: SuS Phönix Bielefeld 09  
Number: 15

Course: 100.00 km  
Thüringen Ultra

Category:  
Senioren M40 (40-44 Jahre)

Total time: 11:05:59

Speed: 9.01 km/h  
Running performance: 6:40 min/km

Rank in course/Total: 40 (of 272)

Rank in course/Men: 37 (of 232)

Best time in course: 8:54:18

Rank in category: 8(of 36)

Best time in the category: 8:59:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:54:16	6:21	12	26:32	55	44:35	27.39	2:54:16	6:21	27		43	44:35
Floh-Seligenthal	27.74	2:42:32	5:51	6	20:58	29	23:15	55.13	5:36:48	6:06	27		24	1:05:05
Finsterbergen	22.03	2:36:15	7:05	8	29:47	33	29:47	77.16	8:13:03	6:23	26		39	1:29:06
Fröttstädt	22.84	2:52:56	7:34	10	49:16	43	49:16	100.00	11:05:59	6:39	8	2:06:32	37	2:11:41