



34. Wartburglauf
Eisenach / 29.09.2013

Detailed evaluation

Lämmerhirt, Dennis

Club: 1. Eichsfelder Sportclub
Number: 87

Course: 12.50 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 51:16

Speed: 14.04 km/h
Running performance: 4:06 min/km

Rank in course/Total: 15 (of 254)

Rank in course/Men: 15 (of 186)

Best time in course: 45:36

Rank in category: 2(of 12)

Best time in the category: 46:59