



22. Weinberg-OL
Wörrstadt / 25.06.2017

Detailed evaluation

Rau, Andrea

Club: TV Aschbach

Total time: 56:59

Running performance: 11:23 min/km

Course: 5.00 km / 13 Controls

Category:

Damen 45-

Rank in category: 4(of 9)

Best time in the category: 45:56

Behind: 11:03

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (105)	4:22	6	1:42	63.8	4:22	6	1:42	63.8
2 (133)	6:49	5	2:19	51.5	11:11	5	4:01	56.1
3 (130)	3:43	6	1:16	51.7	14:54	5	5:07	52.3
4 (119)	4:26	3	1:15	39.3	19:20	4	6:10	46.8
5 (120)	4:21	4	0:40	18.1	23:41	4	6:50	40.6
6 (126)	4:22	5	1:26	48.9	28:03	4	7:02	33.5
7 (122)	2:49	3	0:51	43.2	30:52	4	7:53	34.3
8 (131)	3:57	3	1:35	66.9	34:49	4	8:20	31.5
9 (123)	4:41	4	1:21	40.5	39:30	4	9:14	30.5
10 (132)	3:20	4	0:57	39.9	42:50	4	10:11	31.2
11 (116)	4:27	2	0:27	11.3	47:17	4	9:01	23.6
12 (114)	7:14	4	1:33	27.3	54:31	4	10:34	24.0
13 (100)	1:56	4	0:28	31.8	56:27	4	11:02	24.3
Finish	0:32	3	0:02	6.7	56:59	4	11:03	24.1