



38. SOLA-Stafette

Zürich / 07.05.2011

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Brownsche Spaziergänger XXS

□□: Alumni

□□: 601

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 7:07:41

□□: 16.39 km/h

□□□□: 3:41 min/km

□□□□□: 4 (of 790)

□□□□□□: 6:52:28

□□□□□: 4 (of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		3:35	1	-	1	-	4.40	15:49	3:35	1	15:49	1	15:49
Buchlern	13.25		3:20	2	1:20	2	1:20	17.65	1:00:10	3:24	1	1:00:10	1	1:00:10
Uetliberg	6.20		4:46	19	3:58	20	3:58	23.85	1:29:44	3:45	1	1:29:44	1	1:29:44
Felsenegg	5.90		3:33	3	1:05	3	1:05	29.75	1:50:46	3:43	1	1:50:46	1	1:50:46
Buchlern	14.02		3:35	8	2:28	8	2:28	43.77	2:41:02	3:40	1	2:41:02	1	2:41:02
Hönggerberg	11.10		3:36	3	0:57	3	0:57	54.87	3:21:08	3:39	1	3:21:08	1	3:21:08
Irchel	5.10		3:17	1	-	1	-	59.97	3:37:54	3:38	1	3:37:54	1	3:37:54
Fluntern	6.34		3:37	6	1:09	6	1:09	66.31	4:00:51	3:37	1	4:00:51	1	4:00:51
Forch	11.30		3:57	17	6:07	19	6:07	77.61	4:45:38	3:40	1	4:45:38	1	4:45:38
Egg	8.75		3:46	3	0:47	3	0:47	86.36	5:18:36	3:41	1	5:18:36	1	5:18:36
Zumikon	12.99		3:54	10	3:44	10	3:44	99.35	6:09:19	3:43	1	6:09:19	1	6:09:19
Witikon	6.91		3:02	1	-	1	-	106.26	6:30:21	3:40	1	6:30:21	1	6:30:21
Fluntern	4.90		3:31	8	0:57	10	0:57	111.16	6:47:37	3:40	1	6:47:37	1	6:47:37
□□□	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Irchel	-	fehlt!	-	-	-	-	-	116.80	-	-	5	-	5	-