



3. SPORTident Winter-Stundenlaufserie mit Musik (3.Lauf)

Arnstadt / 08.04.2026

Detailed evaluation

Marina Raab

Total time: 27:36

Number: 58

Speed: 8.70 km/h

Course: 0.49 km/Lap

Running performance: 6:15 min/km

Halbstundenlauf

Laps: 9 (4.41 km)

Category:

Rank in course/Women: 21 (of 33)

Seniorinnen W65 (65-69) H

Rank in category: 1(of 1)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.49	2:54	5:55	1	-	22	1:06	0.49	2:54	5:55	1	-	22	1:06
Lap 2	0.49	2:56	5:59	1	-	23	0:57	0.98	5:50	5:57	1	-	23	2:03
Lap 3	0.49	3:06	6:19	1	-	23	1:05	1.47	8:56	6:04	1	-	23	3:08
Lap 4	0.49	3:05	6:17	1	-	23	1:02	1.96	12:01	6:07	1	-	23	4:10
Lap 5	0.49	3:06	6:19	1	-	22	1:02	2.45	15:07	6:10	1	-	22	5:12
Lap 6	0.49	3:04	6:15	1	-	20	0:59	2.94	18:11	6:11	1	-	22	6:11
Lap 7	0.49	3:06	6:19	1	-	20	0:59	3.43	21:17	6:12	1	-	22	7:10
Lap 8	0.49	3:09	6:25	1	-	20	1:01	3.92	24:26	6:13	1	-	22	8:11
Lap 9	0.49	3:10	6:27	1	-	22	1:03	4.41	27:36	6:15	1	-	21	9:14