



# DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

## Detailed evaluation

**Grabosch, Max**

Club: SSC Hanau-Rodenbach

Number: 306

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

männliche Jugend U20 (16-19 Jahre)

Total time: 1:01:15

Speed: 11.46 km/h

Running performance: 5:14 min/km

Rank in course/Total: 60 (of 346)

Rank in course/Men: 57 (of 239)

Best time in course: 51:11

Rank in category: 10(of 26)

Best time in the category: 54:17

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	11:35	3:51	4	0:34	32	1:09	3.00	11:35	3:51	4	0:34	32	1:09
Lap 2	1.00	4:42	4:42	6	0:21	37	0:41	4.00	16:17	4:04	4	0:50	32	1:50
Lap 3	1.00	4:53	4:53	10	0:25	48	0:47	5.00	21:10	4:14	4	1:14	33	2:37
Lap 4	1.00	5:35	5:34	9	0:37	51	0:56	6.00	26:45	4:27	5	1:40	36	3:33
Last lap Hermann	2.60	13:57	5:21	9	1:28	55	2:28	8.60	40:42	4:43	6	3:08	42	6:01
vor der Schiene	2.63	17:57	6:49	12	3:38	74	4:15	11.23	58:39	5:13	10	6:46	57	9:40
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:36	5:46	10	0:23	62	0:28	11.70	1:01:15	5:14	10	6:58	58	1:01:15