



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Evans, Daniel

□□: Whitley Bay

□□: 197

□□: 160.90 km

100MeilenBerlin

□□□□:

Senioren M35 (35-39 Jahre)

□□□: 21:23:22

□□: 7.52 km/h

□□□□: 7:59 min/km

□□□□□/□□□□: 41 (of 221)

□□□□□/□: 36 (of 193)

□□□□□□: 15:53:45

□□□□□: 4 (of 15)

□□□□□□□: 16:13:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
km 6,28 Gedenk:	6.28	36:00	5:43	3	1:24	8	2:40	6.28	36:00	5:43	3	1:24	8	2:40
km 11,32 Behms	5.04	31:36	6:16	10	5:30	80	6:54	11.32	1:07:36	5:58	2	6:54	21	9:34
km 22,10 Lübars	10.78	55:27	5:08	2	3:15	7	4:31	22.10	2:03:03	5:34	3	3:59	8	9:52
km 32,52 Naturs	10.42	1:02:45	6:01	6	10:17	38	10:59	32.52	3:05:48	5:42	4	12:58	18	16:18
km 43,36 Ruderc	10.84	1:11:45	6:37	6	15:31	47	18:57	43.36	4:17:33	5:56	5	28:29	33	33:22
km 55,35 Schönv	11.99	1:24:17	7:01	8	18:10	71	24:00	55.35	5:41:50	6:10	6	43:20	39	57:22
km 68,07 Garten	12.72	1:41:55	8:00	9	19:41	78	28:58	68.07	7:23:45	6:31	5	1:02:03	44	1:25:36
km 80,53 Schloß	12.46	1:55:52	9:17	12	44:49	101	44:49	80.53	9:19:37	6:56	7	1:46:52	54	2:02:29
km 99,65 Geden	19.12	2:24:56	7:34	5	37:11	34	40:13	99.65	11:44:33	7:04	6	2:24:03	45	2:29:31
km 112,75 Sport	13.10	2:00:06	9:10	8	44:07	68	1:53:14	112.75	13:44:39	7:18	5	3:08:10	43	3:08:10
km 124,92 Lichte	12.17	1:53:06	9:17	5	32:45	30	34:20	124.92	15:37:45	7:30	5	3:40:55	40	3:40:55
km 134,98 Buck	10.06	1:23:22	8:17	6	19:29	29	25:53	134.98	17:01:07	7:33	5	4:00:24	37	4:00:24
Test	9.89	1:40:38	10:10	6	26:38	42	37:51	144.87	18:41:45	7:44	5	4:27:02	34	4:37:52
Stadion Lobeckst	16.01	2:41:37	10:05	6	43:09	59	51:45	160.90	21:23:22	7:58	4	5:09:41	36	5:29:37