



50. Brockenlauf

Ilseburg / 04.09.2021

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Fischer, Andrea

□□: Berlin

□□: 515

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W45 (45-49 Jahre)

□□□: 3:22:53

□□: 7.75 km/h

□□□□: 7:44 min/km

□□□□□/□□□: 441 (of 467)

□□□□□/□: 70 (of 80)

□□□□□□: 2:03:14

□□□□□: 6(of 8)

□□□□□□□: 2:26:04

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:10	6:43	4	3:54	53	7:15	3.30	22:10	6:43	9	3:54	81	7:15	
Schlüsie	3.10	24:44	7:58	4	5:19	55	8:01	6.40	46:54	7:19	9	9:13	81	15:16	
Hermannsklippe	2.60	22:00	8:27	3	4:49	48	7:16	9.00	1:08:54	7:39	9	14:02	81	22:32	
Brocken	3.10	37:49	12:11	4	10:30	63	13:09	12.10	1:46:43	8:49	9	24:32	81	35:41	
Eiserner Handwe	3.60	25:49	7:10	5	8:29	68	11:19	15.70	2:12:32	8:26	9	33:01	81	47:00	
Schlüsie	4.10	28:25	6:55	8	11:06	78	14:29	19.80	2:40:57	8:07	9	44:07	81	1:01:29	
Loddenke	3.10	20:29	6:36	7	6:25	73	9:05	22.90	3:01:26	7:55	9	50:32	80	1:10:34	
Ilseburg/Markt	3.30	21:27	6:30	7	6:17	71	9:05	26.20	3:22:53	7:44	6	56:49	70	1:19:39	