



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Buchmeier, Anja

Club: LLG Springe
Number: 81

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 3:13:25

Speed: 8.13 km/h
Running performance: 7:23 min/km

Rank in course/Total: 415 (of 467)

Rank in course/Women: 64 (of 80)

Best time in course: 2:03:14

Rank in category: 5 (of 8)

Best time in the category: 2:26:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:45	6:35	3	3:29	51	6:50	3.30	21:45	6:35	3	3:29	51	6:50
Schlüsie	3.10	24:04	7:45	3	4:39	48	7:21	6.40	45:49	7:09	3	8:08	49	14:11
Hermannsklippe	2.60	22:28	8:38	4	5:17	53	7:44	9.00	1:08:17	7:35	3	13:25	50	21:55
Brocken	3.10	40:57	13:12	7	13:38	76	16:17	12.10	1:49:14	9:01	4	27:03	63	38:12
Eiserner Handwe	3.60	23:29	6:31	4	6:09	58	8:59	15.70	2:12:43	8:27	5	33:12	62	47:11
Schlüsie	4.10	23:33	5:44	5	6:14	62	9:37	19.80	2:36:16	7:53	4	39:26	63	56:48
Loddenke	3.10	17:52	5:45	5	3:48	56	6:28	22.90	2:54:08	7:36	4	43:14	62	1:03:16
Ilseburg/Markt	3.30	19:17	5:50	5	4:07	54	6:55	26.20	3:13:25	7:22	5	47:21	64	1:10:11