



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Buchmeier, Dirk

Club: LLG Springe
Number: 3

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:13:26

Speed: 8.06 km/h
Running performance: 7:23 min/km

Rank in course/Total: 416 (of 467)

Rank in course/Men: 352 (of 387)

Best time in course: 1:40:22

Rank in category: 59(of 67)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:46	6:35	54	6:24	322	9:15	3.30	21:46	6:35	68	6:24	388	9:15
Schlüsie	3.10	24:04	7:45	56	8:10	329	11:00	6.40	45:50	7:09	68	14:22	388	20:14
Hermannsklippe	2.60	22:29	8:38	60	8:23	353	11:08	9.00	1:08:19	7:35	68	22:45	388	31:22
Brocken	3.10	40:56	13:12	67	18:51	378	23:09	12.10	1:49:15	9:01	68	41:36	388	54:31
Eiserner Handwe	3.60	23:29	6:31	57	8:54	342	11:09	15.70	2:12:44	8:27	68	49:38	388	1:05:39
Schlüsie	4.10	23:32	5:44	60	9:53	350	11:56	19.80	2:36:16	7:53	68	58:23	388	1:17:11
Loddenke	3.10	17:52	5:45	55	6:14	317	7:57	22.90	2:54:08	7:36	66	1:04:32	384	1:24:57
Ilseburg/Markt	3.30	19:18	5:50	55	6:22	318	8:30	26.20	3:13:26	7:22	59	1:10:38	352	1:33:04