



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Born, Karsten

Club: Schneller geht´s nicht  
Number: 68

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 3:22:14

Speed: 7.77 km/h  
Running performance: 7:43 min/km

Rank in course/Total: 440 (of 467)

Rank in course/Men: 371 (of 387)

Best time in course: 1:40:22

Rank in category: 64 (of 67)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:27	7:06	63	8:05	368	10:56	3.30	23:27	7:06	63	8:05	368	10:56
Schlüsie	3.10	24:50	8:00	60	8:56	353	11:46	6.40	48:17	7:32	61	16:49	356	22:41
Hermannsklippe	2.60	21:53	8:24	55	7:47	334	10:32	9.00	1:10:10	7:47	60	24:36	355	33:13
Brocken	3.10	38:13	12:19	64	16:08	363	20:26	12.10	1:48:23	8:57	62	40:44	358	53:39
Eiserner Handwe	3.60	32:09	8:55	67	17:34	382	19:49	15.70	2:20:32	8:57	65	57:26	374	1:13:27
Schlüsie	4.10	26:05	6:21	66	12:26	373	14:29	19.80	2:46:37	8:24	65	1:08:44	375	1:27:32
Loddenke	3.10	17:35	5:40	54	5:57	308	7:40	22.90	3:04:12	8:02	63	1:14:36	369	1:35:01
Ilseburg/Markt	3.30	18:02	5:27	49	5:06	270	7:14	26.20	3:22:14	7:43	64	1:19:26	371	1:41:52