



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## Mediaz

□□: Alumni

□□: 677

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 10:13:51

□□: 11.42 km/h

□□□□: 5:18 min/km

□□□□□: 395 (of 790)

□□□□□□: 6:52:28

□□□□□: 254 (of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		4:57	117	6:00	191	6:00	4.40	21:49	4:57	1	21:49	1	21:49
Buchlern	13.25		4:11	89	12:26	117	12:26	17.65	1:17:16	4:22	1	1:17:16	1	1:17:16
Uetliberg	6.20		8:30	310	27:07	773	27:07	23.85	2:09:59	5:27	1	2:09:59	1	2:09:59
Felsenegg	5.90		6:23	297	17:47	724	17:47	29.75	2:47:43	5:38	1	2:47:43	1	2:47:43
Buchlern	14.02		4:48	172	19:32	308	19:32	43.77	3:55:03	5:22	1	3:55:03	1	3:55:03
Hönggerberg	11.10		5:40	270	23:56	599	23:56	54.87	4:58:08	5:26	1	4:58:08	1	4:58:08
Irchel	5.10		6:25	298	15:59	684	15:59	59.97	5:30:53	5:31	1	5:30:53	1	5:30:53
Fluntern	6.34		4:28	73	6:34	101	6:34	66.31	5:59:15	5:25	1	5:59:15	1	5:59:15
Forch	11.30		5:05	188	18:57	329	18:57	77.61	6:56:52	5:22	1	6:56:52	1	6:56:52
Egg	8.75		5:19	216	14:29	414	14:29	86.36	7:43:32	5:22	1	7:43:32	1	7:43:32
Zumikon	12.99		4:33	85	12:09	113	12:09	99.35	8:42:40	5:15	1	8:42:40	1	8:42:40
Witikon	6.91		4:44	217	11:41	408	11:41	106.26	9:15:23	5:13	1	9:15:23	1	9:15:23
Fluntern	4.90		5:38	263	11:21	547	11:21	111.16	9:43:03	5:14	1	9:43:03	1	9:43:03
□□□	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Irchel	-	fehlt!	-	-	-	-	-	116.80	-	-	260	-	412	-