



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

Höschele, Jochen

Club: EK Schwaikheim
Number: 239

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M45 (45-49 Jahre)

Total time: 11:36:24

Speed: 8.62 km/h
Running performance: 6:58 min/km

Rank in course/Total: 51 (of 272)

Rank in course/Men: 47 (of 232)

Best time in course: 8:54:18

Rank in category: 15(of 47)

Best time in the category: 9:33:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:54:29	6:22	17	30:39	58	44:48	27.39	2:54:29	6:22	41		55	44:48
Floh-Seligenthal	27.74	2:55:33	6:19	18	32:42	48	36:16	55.13	5:50:02	6:20	41		55	1:18:19
Finsterbergen	22.03	2:45:04	7:29	14	30:39	46	38:36	77.16	8:35:06	6:40	38		50	1:51:09
Fröttstädt	22.84	3:01:18	7:56	16	43:49	61	57:38	100.00	11:36:24	6:57	15	2:03:03	47	2:42:06