



38. SOLA-Stafette

Zürich / 07.05.2011

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Meep, meep!

□□: Alumni
□□: 678

□□: 116.80 km
Sola-Stafette

□□□□:
Schnelle

□□□: 9:03:55

□□: 12.88 km/h
□□□□: 4:42 min/km

□□□□□: 67 (of 790)

□□□□□□: 6:52:28

□□□□□: 63 (of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Hönggerberg	4.40		5:19	188	7:39	356	7:39	4.40	23:28	5:19	1	23:28	1	23:28
Buchlern	13.25		4:31	175	16:52	291	16:52	17.65	1:23:21	4:43	1	1:23:21	1	1:23:21
Uetliberg	6.20		5:26	86	8:08	126	8:08	23.85	1:57:05	4:54	1	1:57:05	1	1:57:05
Felsenegg	5.90		5:13	198	10:53	364	10:53	29.75	2:27:55	4:58	1	2:27:55	1	2:27:55
Buchlern	14.02		4:06	46	9:45	54	9:45	43.77	3:25:28	4:41	1	3:25:28	1	3:25:28
Hönggerberg	11.10		4:21	41	9:11	63	9:11	54.87	4:13:48	4:37	1	4:13:48	1	4:13:48
Irchel	5.10		3:49	11	2:43	12	2:43	59.97	4:33:17	4:33	1	4:33:17	1	4:33:17
Fluntern	6.34		4:41	106	7:58	161	7:58	66.31	5:03:03	4:34	1	5:03:03	1	5:03:03
Forch	11.30		5:16	216	20:51	415	20:51	77.61	6:02:34	4:40	1	6:02:34	1	6:02:34
Egg	8.75		4:41	89	8:56	117	8:56	86.36	6:43:41	4:40	1	6:43:41	1	6:43:41
Zumikon	12.99		4:46	133	15:08	195	15:08	99.35	7:45:48	4:41	1	7:45:48	1	7:45:48
Witikon	6.91		4:16	110	8:31	172	8:31	106.26	8:15:21	4:39	1	8:15:21	1	8:15:21
Fluntern	4.90		4:49	172	7:21	260	7:21	111.16	8:39:01	4:40	1	8:39:01	1	8:39:01
□□□	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Irchel	-	fehlt!	-	-	-	-	-	116.80	-	-	65	-	72	-