



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Arndt, Dr. Ina

Total time: 1:22:40

Club: SSG Trias Bensheim

Number: 50

Course: 25.50 km

Rank in course/Total: 209 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 38 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 11(of 17)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:16:05

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Stage score | | Total km | Total Time | Total km/h | Total ranking | | | | |
|-----------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|-------------|---------------|---------------|---------------|----------------|--------------|-----------------|---|
| | | | | | | Pos Women | Behind Women | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | |
| Schwimmen | 0.50 | fehlt! | - | - | - | - | - | 0.50 | - | - | - | - | - | - | - |
| Rad | 20.00 | fehlt! | - | - | - | - | - | 20.50 | - | - | - | - | - | - | - |
| Lauf | 5.00 | 1:22:40 | 3.63 | 16 | 59:55 | 75 | 1:00:08 | 25.50 | 1:22:40 | 18.15 | 11 | 6:35 | 38 | 18:11 | |