



# 6. Lorsch Triathlon

Lorsch / 02.08.2009

## Detailed evaluation

**Arndt, Dr. Ina**

**Total time: 1:22:40**

Club: SSG Trias Bensheim

Number: 50

Course: 25.50 km

Rank in course/Total: 209 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 38 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 11(of 17)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:16:05

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total km/h	Total ranking				
						Pos Women	Behind Women				Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-	-
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-	-
Lauf	5.00	1:22:40	3.63	16	59:55	75	1:00:08	25.50	1:22:40	18.51	11	6:35	38	18:11	