



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Hördermann, Dario

Club: KSV Baunatal
Number: 431

Course: 40.80 km
Mitteldistanz Lizenz

Category:
Junioren U 19

Total time: 1:33:57

Speed: 25.55 km/h

Rank in course/Total: 9 (of 17)

Rank in course/Men: 9 (of 14)

Best time in course: 1:21:28

Rank in category: 2(of 2)

Best time in the category: 1:29:31

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Lap 1	16.30	37:08	25.85	2	2:49	9	3:53	16.30	37:08	25.85	2	2:49	9	3:42
Lap 2	20.40	47:32	25.25	2	1:12	9	7:50	36.70	1:24:40	25.51	2	4:01	9	11:32
Last lap Finish	4.10	9:17	25.85	2	0:25	9	1:30	40.80	1:33:57	25.55	2	4:26	9	12:29