



# 38. SOLA-Stafette

Zürich / 07.05.2011

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## HYDROspeed

□□: Ang.

□□: 778

□□: 116.80 km

Sola-Stafette

□□□□:

Schnelle

□□□: 9:18:58

□□: 12.54 km/h

□□□□: 4:49 min/km

□□□□□: 96 (of 790)

□□□□□□: 6:52:28

□□□□□: 90 (of 313)

□□□□□□□: 6:52:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□	□□ □□	□□□	□□□	□□□	□□ -	□□ -	□□ □□	□□ □□
Hönggerberg	4.40		5:13	177	7:12	319	7:12	4.40	23:01	5:13	1	23:01	1	23:01
Buchlern	13.25		5:01	269	23:35	580	23:35	17.65	1:29:37	5:04	1	1:29:37	1	1:29:37
Uetliberg	6.20		5:32	109	8:48	164	8:48	23.85	2:04:01	5:11	1	2:04:01	1	2:04:01
Felsenegg	5.90		5:27	228	12:17	457	12:17	29.75	2:36:15	5:15	1	2:36:15	1	2:36:15
Buchlern	14.02		4:39	151	17:29	241	17:29	43.77	3:41:32	5:03	1	3:41:32	1	3:41:32
Hönggerberg	11.10		4:56	160	15:46	280	15:46	54.87	4:36:27	5:02	1	4:36:27	1	4:36:27
Irchel	5.10		4:36	82	6:42	122	6:42	59.97	4:59:55	5:00	1	4:59:55	1	4:59:55
Fluntern	6.34		5:00	182	10:00	314	10:00	66.31	5:31:43	5:00	1	5:31:43	1	5:31:43
Forch	11.30		4:30	70	12:20	97	12:20	77.61	6:22:43	4:55	1	6:22:43	1	6:22:43
Egg	8.75		4:29	58	7:08	74	7:08	86.36	7:02:02	4:53	1	7:02:02	1	7:02:02
Zumikon	12.99		4:24	52	10:15	65	10:15	99.35	7:59:16	4:49	1	7:59:16	1	7:59:16
Witikon	6.91		4:34	184	10:38	322	10:38	106.26	8:30:56	4:48	1	8:30:56	1	8:30:56
Fluntern	4.90		4:35	127	6:10	185	6:10	111.16	8:53:25	4:47	1	8:53:25	1	8:53:25
□□□	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Irchel	-	fehlt!	-	-	-	-	-	116.80	-	-	93	-	103	-