



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Lübke, Erik

Club: Geländeläufer Spandau
Number: 726

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 54:59

Speed: 10.48 km/h
Running performance: 5:44 min/km

Rank in course/Total: 69 (of 148)

Rank in course/Men: 53 (of 94)

Best time in course: 35:15

Rank in category: 3 (of 5)

Best time in the category: 48:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:00	6:20	3	2:13	43	8:30	4.10	26:00	6:20	3	2:13	43	8:30
Loddenke	2.20	12:28	5:39	4	2:15	70	5:29	6.30	38:28	6:06	3	4:28	52	13:59
Ilseburg/Markt	3.30	16:31	5:00	3	2:16	58	5:45	9.60	54:59	5:43	3	6:44	53	19:44