



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

Detailed evaluation

Buderus Rennsteig Runners

Total time: 16:22:34

Number: 115

Speed: 10.26 km/h

Running performance: 5:49 min/km

Course: 168.70 km

Hörschel-Blankenstein

Rank in course: 74 (of 177)

Best time in course: 11:15:57

Category:

Rank in category: 57(of 118)

Männerstaffel

Best time in the category: 11:15:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:22:12	5:52	80	23:47	106	23:47	14.00	1:22:12	5:52	80	23:47	106	23:47
Kleiner Inselsber	19.60	1:43:18	5:16	41	26:09	56	26:09	33.60	3:05:30	5:31	54	49:40	70	49:40
Neue Ausspanne	14.00	1:28:28	6:19	97	37:32	131	37:32	47.60	4:33:58	5:45	78	1:27:12	98	1:27:12
Grenzadler	13.70	1:27:42	6:24	93	36:00	125	36:00	61.30	6:01:40	5:53	82	2:00:53	104	2:00:53
Allzunah	19.90	2:02:33	6:09	92	46:42	133	46:42	81.20	8:04:13	5:57	83	2:45:31	112	2:45:31
Masserberg	17.90	1:46:26	5:56	51	29:50	67	29:50	99.10	9:50:39	5:57	79	3:05:10	100	3:05:10
Neuhaus	19.90	2:02:00	6:07	72	53:37	99	53:37	119.00	11:52:39	5:59	85	3:47:27	106	3:47:27
Schildwiese	13.50	1:18:50	5:50	53	26:24	70	26:24	132.50	13:11:29	5:58	80	4:13:51	102	4:13:51
Brennersgrün	15.90	1:23:10	5:13	35	19:46	40	19:46	148.40	14:34:39	5:53	65	4:32:10	84	4:32:10
Blankenstein	20.30	1:47:55	5:18	46	34:27	63	34:27	168.70	16:22:34	5:49	57	5:06:37	74	5:06:37