



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Thüringer Allgemeine

□□□: 16:38:08

□□: 218

□□: 10.10 km/h

□□□□: 5:55 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 95 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 75(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:27:59	6:17	102	29:34	138	29:34	14.00	1:27:59	6:17	102	29:34	138	29:34
Kleiner Inselsber	19.60	1:55:52	5:54	87	38:43	119	38:43	33.60	3:23:51	6:04	97	1:08:01	128	1:08:01
Neue Ausspanne	14.00	1:14:12	5:17	46	23:16	53	23:16	47.60	4:38:03	5:50	83	1:31:17	103	1:31:17
Grenzadler	13.70	1:19:32	5:48	57	27:50	78	27:50	61.30	5:57:35	5:49	78	1:56:48	97	1:56:48
Allzunah	19.90	1:57:12	5:53	82	41:21	119	41:21	81.20	7:54:47	5:50	76	2:36:05	99	2:36:05
Masserberg	17.90	2:00:02	6:42	90	43:26	122	43:26	99.10	9:54:49	6:00	82	3:09:20	108	3:09:20
Neuhaus	19.90	2:30:00	7:32	110	1:21:37	161	1:21:37	119.00	12:24:49	6:15	104	4:19:37	141	4:19:37
Schildwiese	13.50	1:14:11	5:29	38	21:45	49	21:45	132.50	13:39:00	6:10	98	4:41:22	130	4:41:22
Brennersgrün	15.90	1:19:49	5:01	17	16:25	20	16:25	148.40	14:58:49	6:03	87	4:56:20	109	4:56:20
Blankenstein	20.30	1:39:19	4:53	29	25:51	39	25:51	168.70	16:38:08	5:54	75	5:22:11	95	5:22:11