



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Mörth, Sascha

Club: Team Erdinger Alkoholfrei
Number: 57

Course: 42.18 km
Marathon

Category:
Männer M40

Total time: 3:33:04

Speed: 11.88 km/h
Running performance: 5:03 min/km

Rank in course/Total: 17 (of 305)

Rank in course/Men: 17 (of 271)

Best time in course: 3:01:21

Rank in category: 2(of 54)

Best time in the category: 3:11:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:19	2:38	3	0:10	27	0:10	0.50	1:19	2:38	32		36	
Runde	3.47	16:24	4:43	6	2:19	40	2:53	3.97	17:43	4:27	32		36	
Runde	3.47	16:23	4:43	4	1:58	32	2:09	7.44	34:06	4:34	32		34	
Runde	3.47	16:46	4:49	5	2:16	33	13:37	10.91	50:52	4:39	31		33	
Runde	3.47	17:05	4:55	4	2:44	31	2:44	14.38	1:07:57	4:43	29		31	
Runde	3.47	17:14	4:57	4	2:25	28	2:49	17.85	1:25:11	4:46	29		30	
Runde	3.47	17:45	5:06	3	2:45	31	3:10	21.32	1:42:56	4:49	29		29	15:48
Runde	3.47	17:52	5:08	2	2:06	24	3:20	24.79	2:00:48	4:52	29		29	18:45
Runde	3.47	17:48	5:07	2	1:15	19	3:23	28.26	2:18:36	4:54	29		24	21:19
Runde	3.47	18:00	5:11	2	0:30	16	3:01	31.73	2:36:36	4:56	28		22	23:05
Runde	3.47	18:22	5:17	3	0:29	14	2:55	35.20	2:54:58	4:58	28		18	20:48
Runde	3.47	19:21	5:34	2	1:46	19	3:29	38.67	3:14:19	5:01	28		17	29:11
Finish	3.47	18:45	5:24	2	1:49	16	3:09	42.18	3:33:04	5:03	2	21:22	17	31:43