



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Watzlawik, Krimhilde

Club: Walk and Talk

Number: 1632

Course: 13.00 km

Walking

Total time: 1:41:36

Speed: 7.68 km/h

metres in height up: 414

Course score: 19.21

performance score: 148 Points