



8. Thüringer ULTRA
Fröttstädt / 04.07.2014-05.07.2014

Detailed evaluation

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Club: TV 1881 Altdorf
Number: 171

Course: 100.00 km
Thüringen Ultra

Category:
Senioren M45 (45-49 Jahre)

Total time: 12:12:45

Speed: 8.19 km/h
Running performance: 7:20 min/km

Rank in course/Total: 80 (of 272)

Rank in course/Men: 71 (of 232)

Best time in course: 8:54:18

Rank in category: 19(of 47)

Best time in the category: 9:33:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:58:25	6:30	21	34:35	72	48:44	27.39	2:58:25	6:30	45		54	48:44
Floh-Seligenthal	27.74	2:56:00	6:20	19	33:09	50	36:43	55.13	5:54:25	6:25	45		79	1:22:42
Finsterbergen	22.03	2:54:44	7:55	20	40:19	66	48:16	77.16	8:49:09	6:51	42		74	2:05:12
Fröttstädt	22.84	3:23:36	8:54	28	1:06:07	114	1:19:56	100.00	12:12:45	7:19	19	2:39:24	71	3:18:27