



## 30. Wartburglauf Eisenach

Eisenach / 27.09.2009

### Detailed evaluation

**Fleischmann, Heiko**

Club: Lauffreunde Gotha

Number: 311

Course: 12.50 km

Hauptlauf

Category:

Männer M45

Total time: 54:12

Speed: 13.84 km/h

Running performance: 4:20 min/km

Rank in course/Total: 57 (of 297)

Rank in course/Men: 53 (of 234)

Best time in course: 42:14

Rank in category: 9 (of 42)

Best time in the category: 48:26