



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Schalk, Udo

Club: Dream Team Ilmenau

Number: 48

Course: 12.00 km

12 km-Lauf

Category:

Männer M45

Total time: 1:00:13

Speed: 11.96 km/h

Running performance: 5:01 min/km

Rank in course/Total: 49 (of 186)

Rank in course/Men: 47 (of 154)

Best time in course: 47:00

Rank in category: 8(of 28)

Best time in the category: 54:58