



# 38. SOLA-Stafette

Zürich / 07.05.2011

## evaluación detallada

**KV Zürich Business School**

Asociación: Alumni

Dorsal: 250

recorrido: 116.80 km

Sola-Stafette

categoría:

Langsame

tiempo total: 10:54:53

velocidad: 10.63 km/h

rendimiento en carrera: 5:36 min/km

posición en el recorrido: 646 (de 790)

mejor tiempo del recorrido: 6:52:28

posición en la categoría: 352 (de 477)

mejor tiempo en la categoría: 8:43:10

### tiempos parciales

### stage score

### Total score

| control     | etapa<br>km | etapa<br>tiempo | etapa<br>min/km | stage score           |                  |                       | Total score      |                       |                  |                       |                  |          |     |          |
|-------------|-------------|-----------------|-----------------|-----------------------|------------------|-----------------------|------------------|-----------------------|------------------|-----------------------|------------------|----------|-----|----------|
|             |             |                 |                 | posición<br>categoría | retraso<br>Total | posición<br>categoría | retraso<br>Total | posición<br>categoría | retraso<br>Total | posición<br>categoría | retraso<br>Total |          |     |          |
| Hönggerberg | 4.40        |                 | 5:30            | 218                   | 7:04             | 443                   | 8:27             | 4.40                  | 24:16            | 5:30                  | 1                | 24:16    | 1   | 24:16    |
| Buchlern    | 13.25       |                 | 4:45            | 202                   | 15:32            | 427                   | 20:02            | 17.65                 | 1:27:19          | 4:56                  | 1                | 1:27:19  | 1   | 1:27:19  |
| Uetliberg   | 6.20        |                 | 5:46            | 100                   | 6:34             | 251                   | 10:10            | 23.85                 | 2:03:05          | 5:09                  | 1                | 2:03:05  | 1   | 2:03:05  |
| Felsenegg   | 5.90        |                 | 5:45            | 320                   | 11:23            | 581                   | 14:04            | 29.75                 | 2:37:06          | 5:16                  | 1                | 2:37:06  | 1   | 2:37:06  |
| Buchlern    | 14.02       |                 | 5:18            | 295                   | 22:38            | 562                   | 26:39            | 43.77                 | 3:51:33          | 5:17                  | 1                | 3:51:33  | 1   | 3:51:33  |
| Hönggerberg | 11.10       |                 | 5:04            | 159                   | 14:35            | 348                   | 17:16            | 54.87                 | 4:47:58          | 5:14                  | 1                | 4:47:58  | 1   | 4:47:58  |
| Irchel      | 5.10        |                 | 5:43            | 261                   | 10:05            | 515                   | 12:25            | 59.97                 | 5:17:09          | 5:17                  | 1                | 5:17:09  | 1   | 5:17:09  |
| Fluntern    | 6.34        |                 | 6:23            | 436                   | 16:38            | 739                   | 18:43            | 66.31                 | 5:57:40          | 5:23                  | 1                | 5:57:40  | 1   | 5:57:40  |
| Forch       | 11.30       |                 | 6:28            | 437                   | 31:35            | 745                   | 34:27            | 77.61                 | 7:10:47          | 5:33                  | 1                | 7:10:47  | 1   | 7:10:47  |
| Egg         | 8.75        |                 | 7:02            | 457                   | 28:09            | 767                   | 29:23            | 86.36                 | 8:12:21          | 5:42                  | 1                | 8:12:21  | 1   | 8:12:21  |
| Zumikon     | 12.99       |                 | 5:44            | 326                   | 21:25            | 611                   | 27:34            | 99.35                 | 9:26:54          | 5:42                  | 1                | 9:26:54  | 1   | 9:26:54  |
| Witikon     | 6.91        |                 | 4:24            | 100                   | 6:38             | 241                   | 9:26             | 106.26                | 9:57:22          | 5:37                  | 1                | 9:57:22  | 1   | 9:57:22  |
| Fluntern    | 4.90        |                 | 6:22            | 418                   | 14:21            | 717                   | 14:53            | 111.16                | 10:28:34         | 5:39                  | 1                | 10:28:34 | 1   | 10:28:34 |
| control     | -           | fehlt!          | -               | -                     | -                | -                     | -                | 111.16                | -                | -                     | -                | -        | -   | -        |
| Irchel      | 5.64        |                 | 4:39            | 103                   | 6:06             | 244                   | 7:40             | 116.80                | 10:54:53         | 5:36                  | 364              | 2:44:41  | 665 | 4:02:57  |