



# 38. SOLA-Stafette

Zürich / 07.05.2011

## evaluación detallada

### Lets try again

Asociación: Ang.

Dorsal: 435

recorrido: 116.80 km

Sola-Stafette

categoría:

Langsame

tiempo total: 10:17:24

velocidad: 11.27 km/h

rendimiento en carrera: 5:17 min/km

posición en el recorrido: 416 (de 790)

mejor tiempo del recorrido: 6:52:28

posición en la categoría: 156 (de 477)

mejor tiempo en la categoría: 8:43:10

### tiempos parciales

### stage score

### Total score

| control     | etapa<br>km | etapa<br>tiempo | etapaposisió<br>min/km | retraso |         |         | Total | Total  | Total    | Total | posició<br>categoría | retraso | posició<br>categoría | Total   | Total |
|-------------|-------------|-----------------|------------------------|---------|---------|---------|-------|--------|----------|-------|----------------------|---------|----------------------|---------|-------|
|             |             |                 |                        | retraso | posició | retraso |       |        |          |       |                      |         |                      |         |       |
| Hönggerberg | 4.40        |                 | 5:20                   | 169     | 6:17    | 358     | 7:40  | 4.40   | 23:29    | 5:20  | 1                    | 23:29   | 1                    | 23:29   |       |
| Buchlern    | 13.25       |                 | 4:33                   | 127     | 12:48   | 317     | 17:18 | 17.65  | 1:23:48  | 4:44  | 1                    | 1:23:48 | 1                    | 1:23:48 |       |
| Uetliberg   | 6.20        |                 | 6:21                   | 247     | 10:12   | 485     | 13:48 | 23.85  | 2:03:12  | 5:09  | 1                    | 2:03:12 | 1                    | 2:03:12 |       |
| Felsenegg   | 5.90        |                 | 5:50                   | 333     | 11:49   | 603     | 14:30 | 29.75  | 2:37:39  | 5:17  | 1                    | 2:37:39 | 1                    | 2:37:39 |       |
| Buchlern    | 14.02       |                 | 5:31                   | 359     | 25:42   | 644     | 29:43 | 43.77  | 3:55:10  | 5:22  | 1                    | 3:55:10 | 1                    | 3:55:10 |       |
| Hönggerberg | 11.10       |                 | 4:59                   | 130     | 13:30   | 298     | 16:11 | 54.87  | 4:50:30  | 5:17  | 1                    | 4:50:30 | 1                    | 4:50:30 |       |
| Irchel      | 5.10        |                 | 5:06                   | 124     | 6:57    | 294     | 9:17  | 59.97  | 5:16:33  | 5:16  | 1                    | 5:16:33 | 1                    | 5:16:33 |       |
| Fluntern    | 6.34        |                 | 5:33                   | 312     | 11:24   | 577     | 13:29 | 66.31  | 5:51:50  | 5:18  | 1                    | 5:51:50 | 1                    | 5:51:50 |       |
| Forch       | 11.30       |                 | 4:11                   | 7       | 5:46    | 34      | 8:38  | 77.61  | 6:39:08  | 5:08  | 1                    | 6:39:08 | 1                    | 6:39:08 |       |
| Egg         | 8.75        |                 | 5:42                   | 317     | 16:36   | 587     | 17:50 | 86.36  | 7:29:09  | 5:12  | 1                    | 7:29:09 | 1                    | 7:29:09 |       |
| Zumikon     | 12.99       |                 | 6:05                   | 402     | 26:03   | 704     | 32:12 | 99.35  | 8:48:20  | 5:19  | 1                    | 8:48:20 | 1                    | 8:48:20 |       |
| Witikon     | 6.91        |                 | 4:36                   | 144     | 8:00    | 333     | 10:48 | 106.26 | 9:20:10  | 5:16  | 1                    | 9:20:10 | 1                    | 9:20:10 |       |
| Fluntern    | 4.90        |                 | 5:54                   | 343     | 12:08   | 623     | 12:40 | 111.16 | 9:49:09  | 5:18  | 1                    | 9:49:09 | 1                    | 9:49:09 |       |
| control     | -           | fehlt!          | -                      | -       | -       | -       | -     | 111.16 | -        | -     | -                    | -       | -                    | -       |       |
| Irchel      | 5.64        |                 | 5:00                   | 192     | 8:02    | 392     | 9:36  | 116.80 | 10:17:24 | 5:17  | 167                  | 2:07:12 | 433                  | 3:25:28 |       |