



38. SOLA-Stafette

Zürich / 07.05.2011

evaluación detallada

Hochschulrunners Konstanz 1

Asociación: UNI

Dorsal: 510

recorrido: 116.80 km

Sola-Stafette

categoría:

Schnelle

tiempo total: 7:35:54

velocidad: 15.37 km/h

rendimiento en carrera: 3:56 min/km

posición en el recorrido: 8 (de 790)

mejor tiempo del recorrido: 6:52:28

posición en la categoría: 8(de 313)

mejor tiempo en la categoría: 6:52:28

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapaposisió min/km | retraso | | | Total km | Total tiempo | Total min/km | retraso | | | Total km | Total tiempo | Total min/km |
|-------------|-------------|-----------------|------------------------|----------|-----------|-------|-------------|-----------------|-----------------|----------|-----------|-------|-------------|-----------------|-----------------|
| | | | | posición | categoría | Total | | | | posición | categoría | Total | | | |
| Hönggerberg | 4.40 | | 4:02 | 13 | 1:59 | 15 | 4.40 | 17:48 | 4:02 | 1 | 17:48 | 1 | 4.40 | 17:48 | 4:02 |
| Buchlern | 13.25 | | 3:31 | 6 | 3:42 | 6 | 17.65 | 1:04:31 | 3:39 | 1 | 1:04:31 | 1 | 17.65 | 1:04:31 | 3:39 |
| Uetliberg | 6.20 | | 5:01 | 36 | 5:32 | 43 | 23.85 | 1:35:39 | 4:00 | 1 | 1:35:39 | 1 | 23.85 | 1:35:39 | 4:00 |
| Felsenegg | 5.90 | | 3:52 | 10 | 2:54 | 11 | 29.75 | 1:58:30 | 3:58 | 1 | 1:58:30 | 1 | 29.75 | 1:58:30 | 3:58 |
| Buchlern | 14.02 | | 3:33 | 6 | 2:00 | 6 | 43.77 | 2:48:18 | 3:50 | 1 | 2:48:18 | 1 | 43.77 | 2:48:18 | 3:50 |
| Hönggerberg | 11.10 | | 4:06 | 22 | 6:28 | 29 | 54.87 | 3:33:55 | 3:53 | 1 | 3:33:55 | 1 | 54.87 | 3:33:55 | 3:53 |
| Irchel | 5.10 | | 3:53 | 18 | 3:05 | 20 | 59.97 | 3:53:46 | 3:53 | 1 | 3:53:46 | 1 | 59.97 | 3:53:46 | 3:53 |
| Fluntern | 6.34 | | 3:54 | 15 | 3:00 | 17 | 66.31 | 4:18:34 | 3:53 | 1 | 4:18:34 | 1 | 66.31 | 4:18:34 | 3:53 |
| Forch | 11.30 | | 4:00 | 18 | 6:37 | 20 | 77.61 | 5:03:51 | 3:54 | 1 | 5:03:51 | 1 | 77.61 | 5:03:51 | 3:54 |
| Egg | 8.75 | | 4:25 | 46 | 6:35 | 58 | 86.36 | 5:42:37 | 3:58 | 1 | 5:42:37 | 1 | 86.36 | 5:42:37 | 3:58 |
| Zumikon | 12.99 | | 4:00 | 14 | 4:59 | 14 | 99.35 | 6:34:35 | 3:58 | 1 | 6:34:35 | 1 | 99.35 | 6:34:35 | 3:58 |
| Witikon | 6.91 | | 3:19 | 9 | 1:57 | 9 | 106.26 | 6:57:34 | 3:55 | 1 | 6:57:34 | 1 | 106.26 | 6:57:34 | 3:55 |
| Fluntern | 4.90 | | 3:30 | 7 | 0:54 | 9 | 111.16 | 7:14:47 | 3:54 | 1 | 7:14:47 | 1 | 111.16 | 7:14:47 | 3:54 |
| control | - | fehlt! | - | - | - | - | 111.16 | - | - | - | - | - | 111.16 | - | - |
| Irchel | 5.64 | | 3:44 | 19 | 2:28 | 22 | 116.80 | 7:35:54 | 3:54 | 9 | 43:58 | 9 | 116.80 | 7:35:54 | 3:54 |