



# 100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

## evaluación detallada

**Fedler, Tom**

Asociación: ForumTeam Berlin

Dorsal: 73

recorrido: 160.90 km

100MeilenBerlin

categoría:

Senioren M45 (45-49 Jahre)

tiempo total: 23:35:21

velocidad: 6.78 km/h

rendimiento en carrera: 8:48 min/km

posición en el recorrido/Total: 117 (de 246)

posición en el recorrido/Men: 108 (de 211)

mejor tiempo del recorrido: 13:06:52

posición en la categoría: 23(de 43)

mejor tiempo en la categoría: 16:18:36

### tiempos parciales

### stage score

### Total score

| control           | etapa<br>km | etapa<br>tiempo | etapaposisió<br>min/km | retraso |          |         | Total |        |          |      |    |         |     |          |
|-------------------|-------------|-----------------|------------------------|---------|----------|---------|-------|--------|----------|------|----|---------|-----|----------|
|                   |             |                 |                        | retraso | posición | retraso | km    | tiempo | min/km   |      |    |         |     |          |
| VP1 - Mahnmal P   | 9.02        | 1:14:29         | 8:15                   | 37      | 32:08    | 185     | 33:33 | 9.02   | 1:14:29  | 8:15 | 37 | 32:08   | 185 | 33:33    |
| VP2 - Schlesische | 5.98        | 44:50           | 7:29                   | 34      | 17:22    | 174     | 18:44 | 15.00  | 1:59:19  | 7:57 | 36 | 49:30   | 184 | 52:17    |
| VP3 - Sonnenalle  | 6.00        | 44:13           | 7:22                   | 35      | 16:00    | 174     | 18:35 | 21.00  | 2:43:32  | 7:47 | 36 | 1:05:30 | 182 | 1:10:52  |
| VP4 - Stubenrauc  | 5.73        | 40:30           | 7:04                   | 32      | 13:51    | 152     | 15:15 | 26.73  | 3:24:02  | 7:37 | 36 | 1:19:21 | 178 | 1:26:07  |
| VP5 - U-Bahnhof   | 4.30        | 34:15           | 7:57                   | 32      | 12:32    | 140     | 13:08 | 31.03  | 3:58:17  | 7:40 | 35 | 1:31:53 | 175 | 1:38:09  |
| VP6 - Buckower I  | 5.40        | 41:21           | 7:39                   | 34      | 13:37    | 154     | 15:58 | 36.43  | 4:39:38  | 7:40 | 35 | 1:45:30 | 172 | 1:54:06  |
| VP7 - Kirchhainer | 5.54        | 44:31           | 8:02                   | 31      | 14:40    | 151     | 18:20 | 41.97  | 5:24:09  | 7:43 | 35 | 2:00:10 | 172 | 2:11:49  |
| VP8 - Lichtenradi | 4.42        | 44:05           | 9:58                   | 37      | 20:12    | 190     | 23:52 | 46.39  | 6:08:14  | 7:56 | 36 | 2:20:09 | 178 | 2:35:41  |
| VP9 - Osdorfer St | 5.77        | 44:53           | 7:46                   | 28      | 13:54    | 126     | 18:41 | 52.16  | 6:53:07  | 7:55 | 36 | 2:29:44 | 176 | 2:53:44  |
| VP10 - Sportplatz | 6.41        | 55:18           | 8:37                   | 25      | 21:22    | 108     | 26:30 | 58.57  | 7:48:25  | 7:59 | 35 | 2:51:06 | 172 | 3:18:40  |
| VP11 - Königsweg  | 6.18        | 53:33           | 8:39                   | 31      | 19:00    | 145     | 24:40 | 64.75  | 8:41:58  | 8:03 | 34 | 3:02:59 | 172 | 3:42:29  |
| VP12 - Gedenkst   | 6.18        | 1:02:54         | 10:10                  | 30      | 24:55    | 158     | 31:27 | 70.93  | 9:44:52  | 8:14 | 34 | 3:27:54 | 168 | 4:13:15  |
| VP13 - Brauhaus   | 6.84        | 1:06:43         | 9:45                   | 31      | 40:46    | 154     | 43:06 | 77.77  | 10:51:35 | 8:22 | 33 | 3:51:56 | 162 | 4:47:35  |
| VP14 - Revierförs | 6.06        | 51:01           | 8:25                   | 23      | 13:36    | 92      | 21:37 | 83.83  | 11:42:36 | 8:22 | 33 | 4:03:39 | 162 | 5:09:12  |
| VP15 - Schloß Sa  | 6.20        | 59:33           | 9:36                   | 15      | 20:52    | 70      | 29:46 | 90.03  | 12:42:09 | 8:27 | 30 | 4:21:39 | 150 | 5:38:58  |
| VP16 - Pagel & Fi | 7.63        | 1:10:10         | 9:11                   | 25      | 23:04    | 122     | 33:46 | 97.66  | 13:52:19 | 8:31 | 30 | 4:44:43 | 148 | 6:12:17  |
| VP17 - Wilhelmst  | 4.84        | 42:45           | 8:49                   | 23      | 11:43    | 98      | 17:38 | 102.50 | 14:35:04 | 8:32 | 29 | 4:54:50 | 144 | 6:29:55  |
| VP18 - Falkensee  | 6.58        | 59:47           | 9:05                   | 24      | 26:19    | 101     | 26:19 | 109.08 | 15:34:51 | 8:34 | 29 | 5:13:40 | 141 | 6:55:31  |
| VP19 - Schönwal   | 5.70        | 55:56           | 9:48                   | 19      | 19:18    | 102     | 27:07 | 114.78 | 16:30:47 | 8:37 | 28 | 5:30:45 | 137 | 7:22:38  |
| VP20 - Grenzturn  | 7.53        | 1:06:10         | 8:47                   | 12      | 31:34    | 59      | 31:34 | 122.31 | 17:36:57 | 8:38 | 27 | 5:46:27 | 129 | 7:50:02  |
| VP21 - Ruderclub  | 4.78        | 46:38           | 9:45                   | 9       | 13:43    | 46      | 23:17 | 127.09 | 18:23:35 | 8:41 | 27 | 6:00:10 | 125 | 8:13:19  |
| VP22 - Frohnau (  | 4.03        | 35:37           | 8:50                   | 8       | 9:06     | 45      | 14:05 | 131.12 | 18:59:12 | 8:41 | 27 | 6:09:16 | 122 | 8:27:24  |
| VP23 - Naturschu  | 6.78        | 1:01:37         | 9:05                   | 9       | 17:31    | 48      | 27:51 | 137.90 | 20:00:49 | 8:42 | 26 | 6:26:47 | 115 | 8:55:15  |
| VP24 - Oranienbu  | 4.75        | 46:01           | 9:41                   | 13      | 12:46    | 62      | 20:09 | 142.65 | 20:46:50 | 8:44 | 26 | 6:38:51 | 114 | 9:14:50  |
| VP25 - Lübars     | 5.69        | 50:50           | 8:56                   | 8       | 13:09    | 52      | 21:30 | 148.34 | 21:37:40 | 8:44 | 26 | 6:52:00 | 114 | 9:36:20  |
| VP26 - S-Bahnhö   | 5.71        | 52:24           | 9:10                   | 11      | 12:50    | 64      | 22:43 | 154.05 | 22:30:04 | 8:45 | 26 | 7:02:06 | 111 | 9:59:03  |
| VP27 - Wollankst  | 3.09        | 23:52           | 7:43                   | 19      | 7:06     | 92      | 11:31 | 157.14 | 22:53:56 | 8:44 | 24 | 7:07:04 | 108 | 10:09:10 |
| Friedrich-Ludwig  | 3.76        | 41:25           | 11:00                  | 22      | 16:27    | 111     | 20:48 | 160.90 | 23:35:21 | 8:47 | 23 | 7:16:45 | 108 | 10:28:29 |