



# 100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

## evaluación detallada

**Schramm, Kati**

Asociación: KATIS PACE TEAM

Dorsal: 187

recorrido: 160.90 km

100MeilenBerlin

categoría:

Seniorinnen W45 (45-49 Jahre)

tiempo total: 25:57:29

velocidad: 6.20 km/h

rendimiento en carrera: 9:41 min/km

posición en el recorrido/Total: 163 (de 246)

posición en el recorrido/Women: 18 (de 35)

mejor tiempo del recorrido: 18:16:29

posición en la categoría: 7(de 7)

mejor tiempo en la categoría: 18:59:19

## tiempos parciales

## stage score

## Total score

| control           | etapa<br>km | etapa<br>tiempo | etapa<br>min/km | posición<br>categoría | retraso<br>categoría | posición<br>Women | retraso<br>Women | Total<br>km | Total<br>tiempo | Total<br>min/km | posición<br>categoría | retraso<br>categoría | posición<br>Women | retraso<br>Women |
|-------------------|-------------|-----------------|-----------------|-----------------------|----------------------|-------------------|------------------|-------------|-----------------|-----------------|-----------------------|----------------------|-------------------|------------------|
| VP1 - Mahnmal P   | 9.02        | 1:00:03         | 6:39            | 2                     | 8:31                 | 9                 | 8:31             | 9.02        | 1:00:03         | 6:39            | 2                     | 8:31                 | 9                 | 8:31             |
| VP2 - Schlesische | 5.98        | 39:19           | 6:34            | 3                     | 6:20                 | 11                | 6:20             | 15.00       | 1:39:22         | 6:37            | 3                     | 14:51                | 10                | 14:51            |
| VP3 - Sonnenalle  | 6.00        | 39:56           | 6:39            | 4                     | 6:27                 | 14                | 6:27             | 21.00       | 2:19:18         | 6:38            | 3                     | 21:18                | 11                | 21:18            |
| VP4 - Stubenrauch | 5.73        | 37:13           | 6:29            | 3                     | 5:51                 | 11                | 5:51             | 26.73       | 2:56:31         | 6:36            | 3                     | 27:09                | 11                | 27:09            |
| VP5 - U-Bahnhof   | 4.30        | 38:15           | 8:53            | 7                     | 11:40                | 25                | 11:40            | 31.03       | 3:34:46         | 6:55            | 3                     | 38:49                | 12                | 38:49            |
| VP6 - Buckower I  | 5.40        | 39:50           | 7:22            | 4                     | 7:16                 | 15                | 7:16             | 36.43       | 4:14:36         | 6:59            | 3                     | 46:05                | 11                | 46:05            |
| VP7 - Kirchhainer | 5.54        | 42:34           | 7:41            | 4                     | 9:38                 | 13                | 9:38             | 41.97       | 4:57:10         | 7:04            | 4                     | 55:43                | 13                | 55:43            |
| VP8 - Lichtenrade | 4.42        | 36:20           | 8:13            | 5                     | 10:05                | 18                | 10:05            | 46.39       | 5:33:30         | 7:11            | 4                     | 1:05:48              | 13                | 1:05:48          |
| VP9 - Osdorfer Si | 5.77        | 44:40           | 7:44            | 3                     | 9:46                 | 12                | 9:46             | 52.16       | 6:18:10         | 7:15            | 4                     | 1:15:34              | 13                | 1:15:34          |
| VP10 - Sportplatz | 6.41        | 57:40           | 8:59            | 4                     | 13:51                | 13                | 17:36            | 58.57       | 7:15:50         | 7:26            | 4                     | 1:29:25              | 13                | 1:29:25          |
| VP11 - Königswe   | 6.18        | 47:38           | 7:42            | 2                     | 9:00                 | 9                 | 9:00             | 64.75       | 8:03:28         | 7:27            | 4                     | 1:38:25              | 13                | 1:38:25          |
| VP12 - Gedenkst   | 6.18        | 1:02:25         | 10:05           | 5                     | 16:07                | 20                | 18:56            | 70.93       | 9:05:53         | 7:41            | 4                     | 1:54:32              | 13                | 1:54:32          |
| VP13 - Brauhaus   | 6.84        | 1:15:29         | 11:02           | 7                     | 27:11                | 26                | 32:42            | 77.77       | 10:21:22        | 7:59            | 4                     | 2:21:43              | 13                | 2:21:43          |
| VP14 - Revierförs | 6.06        | 50:11           | 8:16            | 5                     | 9:45                 | 12                | 9:45             | 83.83       | 11:11:33        | 8:00            | 4                     | 2:31:28              | 13                | 2:31:28          |
| VP15 - Schloß Sa  | 6.20        | 1:16:18         | 12:18           | 6                     | 26:50                | 19                | 29:44            | 90.03       | 12:27:51        | 8:18            | 5                     | 2:58:18              | 15                | 2:58:18          |
| VP16 - Pagel & Fi | 7.63        | 1:08:05         | 8:55            | 6                     | 12:00                | 15                | 18:45            | 97.66       | 13:35:56        | 8:21            | 5                     | 3:10:18              | 15                | 3:16:33          |
| VP17 - Wilhelmst  | 4.84        | 46:27           | 9:35            | 6                     | 6:21                 | 18                | 13:28            | 102.50      | 14:22:23        | 8:24            | 5                     | 3:16:39              | 15                | 3:30:01          |
| VP18 - Falkensee  | 6.58        | 59:24           | 9:01            | 4                     | 8:44                 | 14                | 14:42            | 109.08      | 15:21:47        | 8:27            | 5                     | 3:25:23              | 15                | 3:44:43          |
| VP19 - Schönwal   | 5.70        | 59:38           | 10:27           | 6                     | 15:14                | 20                | 17:36            | 114.78      | 16:21:25        | 8:33            | 5                     | 3:40:37              | 15                | 4:02:19          |
| VP20 - Grenzturn  | 7.53        | 1:22:54         | 11:00           | 6                     | 22:10                | 20                | 34:27            | 122.31      | 17:44:19        | 8:42            | 6                     | 4:02:47              | 17                | 4:30:18          |
| VP21 - Ruderclub  | 4.78        | 46:31           | 9:43            | 2                     | 3:33                 | 4                 | 6:15             | 127.09      | 18:30:50        | 8:44            | 6                     | 4:06:20              | 15                | 4:36:33          |
| VP22 - Frohnau (  | 4.03        | 1:09:14         | 17:10           | 7                     | 36:48                | 29                | 39:05            | 131.12      | 19:40:04        | 8:59            | 6                     | 4:43:08              | 18                | 5:15:38          |
| VP23 - Naturschu  | 6.78        | 1:24:28         | 12:27           | 7                     | 28:50                | 24                | 32:06            | 137.90      | 21:04:32        | 9:10            | 6                     | 5:09:01              | 18                | 5:47:44          |
| VP24 - Oranienbu  | 4.75        | 1:06:51         | 14:04           | 6                     | 26:52                | 25                | 28:19            | 142.65      | 22:11:23        | 9:19            | 7                     | 5:35:37              | 19                | 6:16:03          |
| VP25 - Lübars     | 5.69        | 1:21:33         | 14:19           | 7                     | 36:06                | 29                | 36:06            | 148.34      | 23:32:56        | 9:31            | 7                     | 6:10:58              | 19                | 6:51:14          |
| VP26 - S-Bahnho   | 5.71        | 1:09:28         | 12:09           | 6                     | 25:19                | 22                | 25:19            | 154.05      | 24:42:24        | 9:37            | 7                     | 6:33:30              | 19                | 7:15:42          |
| VP27 - Wollankst  | 3.09        | 17:29           | 5:39            | 2                     | 0:30                 | 2                 | 0:30             | 157.14      | 24:59:53        | 9:32            | 7                     | 6:30:52              | 18                | 7:14:30          |
| Friedrich-Ludwig  | 3.76        | 57:36           | 15:19           | 7                     | 31:30                | 26                | 31:30            | 160.90      | 25:57:29        | 9:40            | 7                     | 6:58:10              | 18                | 7:41:00          |