



evaluación detallada

Poßner, Ronny

Asociación: Dream Team
Dorsal: 625

recorrido: 16.00 km
Expert

categoría:
Senioren M35 (35-39 Jahre)

tiempo total: 1:47:10

velocidad: 8.96 km/h
rendimiento en carrera: 6:42 min/km

posición en el recorrido/Total: 110 (de 304)
posición en el recorrido/Men: 104 (de 252)
mejor tiempo del recorrido: 1:05:10

posición en la categoría: 20(de 42)
mejor tiempo en la categoría: 1:05:21

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapaposisió min/km | stage score | | | Total score | | | | | | | |
|------------------|-------------|-----------------|------------------------|-------------|----------|-------------|-----------------|-----------------|----------------|----------|----------|---------|-----|-------|
| | | | | retraso | posición | retraso | Total km | Total tiempo | Total posición | retraso | posición | retraso | | |
| | | | retraso | posición | retraso | Total km | Total tiempo | Total posición | retraso | posición | retraso | | | |
| Himmelsleiter + | - | 3:38 | - | 34 | 2:36 | 176 | 2:36 | - | 3:38 | - | 34 | 2:36 | 176 | 2:36 |
| Himmelsleiter + | - | 5:08 | - | 32 | 2:36 | 166 | 2:36 | - | 8:46 | - | 32 | 5:12 | 172 | 5:12 |
| Nordwand + Dov | - | 5:28 | - | 12 | 1:45 | 55 | 1:45 | - | 14:14 | - | 24 | 6:57 | 142 | 6:57 |
| Nordwand + Dov | - | 1:56 | - | 18 | 0:45 | 84 | 0:47 | - | 16:10 | - | 24 | 7:42 | 136 | 7:42 |
| Duckmäuser Eins | - | 18:04 | - | 14 | 5:22 | 96 | 7:24 | - | 34:14 | - | 11 | 10:59 | 88 | 14:58 |
| Duckmäuser Aus | - | 0:23 | - | 7 | 0:08 | 48 | 0:10 | - | 34:37 | - | 11 | 10:58 | 86 | 15:07 |
| Pneumant Einstie | - | 1:05 | - | 22 | 0:51 | 119 | 0:51 | - | 35:42 | - | 11 | 11:39 | 80 | 15:50 |
| Pneumant Aussti | - | 0:08 | - | 21 | 0:07 | 103 | 0:07 | - | 35:50 | - | 11 | 11:42 | 79 | 15:52 |
| Heuschnupfen Ei | - | 11:48 | - | 19 | 4:18 | 98 | 4:29 | - | 47:38 | - | 10 | 14:34 | 71 | 20:21 |
| Heuschnupfen Ai | - | 0:10 | - | 38 | 0:06 | 223 | 0:06 | - | 47:48 | - | 10 | 14:38 | 69 | 20:27 |
| Schlammbowle E | - | 2:40 | - | 19 | 0:57 | 91 | 0:57 | - | 50:28 | - | 10 | 15:09 | 67 | 21:23 |
| Schlammbowle A | - | 1:11 | - | 27 | 0:37 | 143 | 0:37 | - | 51:39 | - | 10 | 15:43 | 66 | 21:59 |
| Himmelsleiter + | - | 5:34 | - | 40 | 2:51 | 215 | 2:51 | - | 57:13 | - | 11 | 17:56 | 72 | 24:43 |
| Himmelsleiter + | - | 4:26 | - | 13 | 1:39 | 73 | 1:39 | - | 1:01:39 | - | 11 | 18:52 | 72 | 26:16 |
| Nordwand + Dov | - | 5:54 | - | 11 | 1:56 | 51 | 1:56 | - | 1:07:33 | - | 10 | 19:56 | 64 | 28:09 |
| Nordwand + Dov | - | 1:57 | - | 20 | 0:53 | 84 | 0:53 | - | 1:09:30 | - | 10 | 20:23 | 64 | 28:55 |
| Duckmäuser Eins | - | 17:01 | - | 8 | 6:10 | 52 | 16:44 | - | 1:26:31 | - | 10 | 24:16 | 53 | 35:07 |
| Duckmäuser Aus | - | 0:23 | - | 10 | 0:07 | 57 | 0:12 | - | 1:26:54 | - | 10 | 24:19 | 53 | 35:17 |
| Pneumant Einstie | - | 0:57 | - | 14 | 0:35 | 84 | 0:37 | - | 1:27:51 | - | 9 | 24:52 | 46 | 35:54 |
| Pneumant Aussti | - | 0:10 | - | 26 | 0:08 | 153 | 0:08 | - | 1:28:01 | - | 9 | 24:58 | 46 | 36:02 |
| Heuschnupfen Ei | - | 11:19 | - | 11 | 3:52 | 64 | 3:58 | - | 1:39:20 | - | 9 | 27:24 | 45 | 40:00 |
| Heuschnupfen Ai | - | 0:07 | - | 20 | 0:03 | 132 | 0:03 | - | 1:39:27 | - | 9 | 27:26 | 45 | 40:03 |
| Schlammbowle E | - | 2:39 | - | 14 | 0:56 | 85 | 0:58 | - | 1:42:06 | - | 9 | 28:04 | 44 | 41:00 |
| Schlammbowle A | - | 1:02 | - | 15 | 0:28 | 75 | 0:28 | - | 1:43:08 | - | 9 | 28:23 | 44 | 41:26 |
| Sportplatz Mühlb | 8.00 | 4:02 | - | 28 | 0:44 | 157 | 0:51 | 16.00 | 1:47:10 | 6:41 | 20 | 41:49 | 104 | 42:00 |