



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## evaluación detallada

### Relais de France

Asociación: Relais de France  
Dorsal: 10025

recorrido: 161.90 km  
100MeilenBerlin - 10+ Staffel

categoría:  
10er+ Staffel

tiempo total: 13:17:06

velocidad: 12.12 km/h  
rendimiento en carrera: 4:55 min/km

posición en el recorrido/Total: 3 (de 25)

posición en el recorrido/Total: 3 (de 25)

mejor tiempo del recorrido: 11:04:37

posición en la categoría: 3(de 25)

mejor tiempo en la categoría: 11:04:37

### tiempos parciales

### stage score

### Total score

| control             | etapa<br>km | etapa<br>tiempo | etapaposisió<br>min/km | retraso  |           | retraso  |           | Total<br>km | Total<br>tiempo | Total<br>min/km | retraso  |           | retraso  |           |
|---------------------|-------------|-----------------|------------------------|----------|-----------|----------|-----------|-------------|-----------------|-----------------|----------|-----------|----------|-----------|
|                     |             |                 |                        | posición | categoría | posición | categoría |             |                 |                 | posición | categoría | posición | categoría |
| VP1 - Brandenbu     | 7.30        | 33:22           | 4:34                   | 4        | 4:12      | 4        | 4:12      | 7.30        | 33:22           | 4:34            | 4        | 4:12      | 4        | 4:12      |
| VP2 - East Side C   | 6.46        | 31:22           | 4:51                   | 5        | 4:49      | 5        | 4:49      | 13.76       | 1:04:44         | 4:42            | 5        | 8:34      | 5        | 8:34      |
| VP3 - Dammweg       | 5.90        | 30:15           | 5:07                   | 8        | 4:33      | 8        | 4:33      | 19.66       | 1:34:59         | 4:49            | 5        | 12:27     | 5        | 12:27     |
| VP4 - Johannisth    | 5.64        | 25:47           | 4:34                   | 7        | 4:31      | 7        | 4:31      | 25.30       | 2:00:46         | 4:46            | 5        | 16:58     | 5        | 16:58     |
| VP5 - U-Bahnhof     | 5.90        | 29:51           | 5:03                   | 9        | 6:16      | 9        | 6:16      | 31.20       | 2:30:37         | 4:49            | 5        | 23:14     | 5        | 23:14     |
| VP6 - Buckow        | 4.92        | 30:07           | 6:07                   | 14       | 10:01     | 14       | 10:01     | 36.12       | 3:00:44         | 5:00            | 6        | 33:15     | 6        | 33:15     |
| VP7 - Kirchhainer   | 6.17        | 36:48           | 5:57                   | 14       | 11:42     | 14       | 11:42     | 42.29       | 3:37:32         | 5:08            | 8        | 44:57     | 8        | 44:57     |
| VP8 - Lichtenradi   | 4.37        | 22:31           | 5:09                   | 9        | 5:41      | 9        | 5:41      | 46.66       | 4:00:03         | 5:08            | 9        | 48:54     | 9        | 48:54     |
| VP9 - Osdorfer St   | 5.71        | 27:20           | 4:47                   | 5        | 2:58      | 5        | 2:58      | 52.37       | 4:27:23         | 5:06            | 7        | 51:52     | 7        | 51:52     |
| VP10 - Sportplatz   | 6.50        | 35:34           | 5:28                   | 10       | 10:35     | 10       | 10:35     | 58.87       | 5:02:57         | 5:08            | 7        | 59:02     | 7        | 59:02     |
| VP11 - Königsw      | 6.22        | 33:12           | 5:20                   | 7        | 7:44      | 7        | 7:44      | 65.09       | 5:36:09         | 5:09            | 6        | 1:05:33   | 6        | 1:05:33   |
| VP12 - Gedenkst     | 6.85        | 30:47           | 4:29                   | 3        | 4:00      | 3        | 4:00      | 71.94       | 6:06:56         | 5:06            | 5        | 1:08:36   | 5        | 1:08:36   |
| VP13 - Brauhaus     | 6.88        | 31:48           | 4:37                   | 5        | 5:57      | 5        | 5:57      | 78.82       | 6:38:44         | 5:03            | 4        | 1:14:33   | 4        | 1:14:33   |
| VP14 - Revierförs   | 5.70        | 26:39           | 4:40                   | 4        | 3:52      | 4        | 3:52      | 84.52       | 7:05:23         | 5:01            | 3        | 1:18:25   | 3        | 1:18:25   |
| VP15 - Schloss S    | 6.24        | 31:27           | 5:02                   | 6        | 6:26      | 6        | 6:26      | 90.76       | 7:36:50         | 5:02            | 3        | 1:24:51   | 3        | 1:24:51   |
| VP16 - Pagel & Fi   | 7.60        | 36:41           | 4:49                   | 4        | 4:20      | 4        | 4:20      | 98.36       | 8:13:31         | 5:01            | 3        | 1:29:11   | 3        | 1:29:11   |
| VP17 - Karolinenl   | 4.91        | 22:45           | 4:38                   | 3        | 5:10      | 3        | 5:10      | 103.27      | 8:36:16         | 4:59            | 3        | 1:32:40   | 3        | 1:32:40   |
| VP18 - Falkensee    | 6.60        | 37:31           | 5:41                   | 12       | 13:00     | 12       | 13:00     | 109.87      | 9:13:47         | 5:02            | 3        | 1:39:12   | 3        | 1:39:12   |
| VP19 - Schönwal     | 5.95        | 33:54           | 5:41                   | 13       | 10:46     | 13       | 10:46     | 115.82      | 9:47:41         | 5:04            | 3        | 1:49:58   | 3        | 1:49:58   |
| VP20 - Grenzturn    | 7.60        | 30:42           | 4:02                   | 1        | -         | 1        | -         | 123.42      | 10:18:23        | 5:00            | 3        | 1:49:25   | 3        | 1:49:25   |
| VP21 - Ruderclub    | 4.78        | 19:51           | 4:09                   | 3        | 1:41      | 3        | 1:41      | 128.20      | 10:38:14        | 4:58            | 3        | 1:49:36   | 3        | 1:49:36   |
| VP22 - Frohnau      | 4.07        | 17:27           | 4:17                   | 2        | 0:56      | 2        | 0:56      | 132.27      | 10:55:41        | 4:57            | 3        | 1:50:32   | 3        | 1:50:32   |
| VP23 - Naturschu    | 6.61        | 29:54           | 4:31                   | 5        | 3:22      | 5        | 3:22      | 138.88      | 11:25:35        | 4:56            | 3        | 1:52:59   | 3        | 1:52:59   |
| VP24 - Oranienbu    | 4.98        | 24:29           | 4:54                   | 8        | 5:17      | 8        | 5:17      | 143.86      | 11:50:04        | 4:56            | 3        | 1:56:26   | 3        | 1:56:26   |
| VP25 - Laufftreff l | 5.34        | 25:43           | 4:48                   | 6        | 5:50      | 6        | 5:50      | 149.20      | 12:15:47        | 4:55            | 3        | 2:01:10   | 3        | 2:01:10   |
| VP26 - Wilhelmsr    | 5.72        | 26:39           | 4:39                   | 7        | 5:46      | 7        | 5:46      | 154.92      | 12:42:26        | 4:55            | 3        | 2:05:47   | 3        | 2:05:47   |
| VP27 - Wollankst    | 3.02        | 16:53           | 5:35                   | 8        | 5:08      | 8        | 5:08      | 157.94      | 12:59:19        | 4:56            | 3        | 2:10:03   | 3        | 2:10:03   |
| Friedrich-Ludwig    | 3.96        | 17:47           | 4:29                   | 5        | 2:26      | 5        | 2:26      | 161.90      | 13:17:06        | 4:55            | 3        | 2:12:29   | 3        | 2:12:29   |