



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## evaluación detallada

**Neugebauer, Alfred**

Asociación: Mr & Mrs Smith

Dorsal: 275

recorrido: 161.90 km

100MeilenBerlin

categoría:

Senioren M45 (45-49 Jahre)

tiempo total: 21:06:05

velocidad: 7.63 km/h

rendimiento en carrera: 7:49 min/km

posición en el recorrido/Total: 43 (de 319)

posición en el recorrido/Men: 35 (de 257)

mejor tiempo del recorrido: 15:20:48

posición en la categoría: 14(de 59)

mejor tiempo en la categoría: 17:12:46

## tiempos parciales

## stage score

## Total score

| control            | etapa<br>km | etapa<br>tiempo | etapa<br>min/km | posición<br>categoría | retraso<br>categoría | posición<br>Men | retraso<br>Men | Total<br>km | Total<br>tiempo | Total<br>min/km | posición<br>categoría | retraso<br>categoría | posición<br>Men | retraso<br>Men |
|--------------------|-------------|-----------------|-----------------|-----------------------|----------------------|-----------------|----------------|-------------|-----------------|-----------------|-----------------------|----------------------|-----------------|----------------|
| VP1 - Brandenbu    | 7.30        | 44:30           | 6:05            | 17                    | 9:39                 | 57              | 11:13          | 7.30        | 44:30           | 6:05            | 17                    | 9:39                 | 57              | 11:13          |
| VP2 - East Side C  | 6.46        | 39:14           | 6:04            | 16                    | 9:08                 | 51              | 9:08           | 13.76       | 1:23:44         | 6:05            | 16                    | 18:40                | 52              | 20:06          |
| VP3 - Dammweg      | 5.90        | 36:13           | 6:08            | 14                    | 8:38                 | 55              | 8:38           | 19.66       | 1:59:57         | 6:06            | 16                    | 27:16                | 52              | 27:16          |
| VP4 - Johannisth   | 5.64        | 33:27           | 5:55            | 12                    | 6:52                 | 43              | 6:52           | 25.30       | 2:33:24         | 6:03            | 14                    | 34:08                | 50              | 34:08          |
| VP5 - U-Bahnhof    | 5.90        | 37:28           | 6:21            | 16                    | 8:34                 | 52              | 8:34           | 31.20       | 3:10:52         | 6:07            | 16                    | 42:20                | 51              | 42:20          |
| VP6 - Buckow       | 4.92        | 29:49           | 6:03            | 7                     | 5:11                 | 26              | 5:11           | 36.12       | 3:40:41         | 6:06            | 13                    | 47:31                | 48              | 47:31          |
| VP7 - Kirchhainer  | 6.17        | 39:23           | 6:22            | 13                    | 8:19                 | 39              | 8:19           | 42.29       | 4:20:04         | 6:08            | 13                    | 55:50                | 47              | 55:50          |
| VP8 - Lichtenrad   | 4.37        | 31:21           | 7:10            | 30                    | 9:16                 | 99              | 9:16           | 46.66       | 4:51:25         | 6:14            | 14                    | 1:05:06              | 49              | 1:05:06        |
| VP9 - Osdorfer Si  | 5.71        | 35:00           | 6:07            | 11                    | 5:28                 | 33              | 5:28           | 52.37       | 5:26:25         | 6:13            | 14                    | 1:10:34              | 47              | 1:10:34        |
| VP10 - Sportplat   | 6.50        | 46:10           | 7:06            | 12                    | 11:20                | 33              | 11:20          | 58.87       | 6:12:35         | 6:19            | 14                    | 1:21:54              | 47              | 1:21:54        |
| VP11 - Königswe    | 6.22        | 1:00:00         | 9:38            | 38                    | 24:55                | 168             | 25:50          | 65.09       | 7:12:35         | 6:38            | 13                    | 1:40:22              | 50              | 1:40:22        |
| VP12 - Gedenkst    | 6.85        | 51:48           | 7:33            | 15                    | 11:15                | 43              | 13:25          | 71.94       | 8:04:23         | 6:43            | 12                    | 1:49:38              | 46              | 1:49:38        |
| VP13 - Brauhaus    | 6.88        | 1:03:09         | 9:10            | 33                    | 20:40                | 114             | 24:29          | 78.82       | 9:07:32         | 6:56            | 15                    | 2:09:07              | 53              | 2:09:07        |
| VP14 - Revierförs  | 5.70        | 50:45           | 8:54            | 25                    | 16:25                | 88              | 18:41          | 84.52       | 9:58:17         | 7:04            | 16                    | 2:25:32              | 54              | 2:25:32        |
| VP15 - Schloss S   | 6.24        | 1:07:07         | 10:45           | 30                    | 27:53                | 97              | 30:36          | 90.76       | 11:05:24        | 7:19            | 17                    | 2:53:25              | 59              | 2:53:25        |
| VP16 - Pagel & F   | 7.60        | 1:00:16         | 7:55            | 10                    | 12:03                | 30              | 16:33          | 98.36       | 12:05:40        | 7:22            | 16                    | 3:05:28              | 54              | 3:05:28        |
| VP17 - Karolinenl  | 4.91        | 38:53           | 7:55            | 12                    | 7:12                 | 39              | 10:26          | 103.27      | 12:44:33        | 7:24            | 16                    | 3:11:24              | 50              | 3:12:58        |
| VP18 - Falkensee   | 6.60        | 56:23           | 8:32            | 21                    | 13:52                | 61              | 18:01          | 109.87      | 13:40:56        | 7:28            | 17                    | 3:20:58              | 51              | 3:30:01        |
| VP19 - Schönwal    | 5.95        | 49:43           | 8:21            | 15                    | 11:32                | 37              | 14:27          | 115.82      | 14:30:39        | 7:31            | 15                    | 3:28:42              | 46              | 3:44:28        |
| VP20 - Grenzturn   | 7.60        | 1:04:47         | 8:31            | 14                    | 17:46                | 43              | 21:36          | 123.42      | 15:35:26        | 7:34            | 14                    | 3:37:34              | 43              | 4:06:04        |
| VP21 - Ruderclub   | 4.78        | 54:15           | 11:20           | 26                    | 21:45                | 89              | 27:00          | 128.20      | 16:29:41        | 7:43            | 14                    | 3:53:26              | 45              | 4:33:04        |
| VP22 - Frohnau     | 4.07        | 32:30           | 7:59            | 9                     | 5:21                 | 24              | 8:01           | 132.27      | 17:02:11        | 7:43            | 14                    | 3:57:35              | 43              | 4:40:59        |
| VP23 - Naturschu   | 6.61        | 1:03:25         | 9:35            | 20                    | 16:40                | 64              | 23:46          | 138.88      | 18:05:36        | 7:49            | 14                    | 4:12:21              | 42              | 5:03:18        |
| VP24 - Oranienbu   | 4.98        | 42:50           | 8:36            | 10                    | 10:29                | 26              | 13:04          | 143.86      | 18:48:26        | 7:50            | 14                    | 4:14:42              | 40              | 5:15:27        |
| VP25 - Lauftreff l | 5.34        | 46:18           | 8:40            | 13                    | 16:21                | 35              | 16:21          | 149.20      | 19:34:44        | 7:52            | 14                    | 4:10:25              | 39              | 5:28:55        |
| VP26 - Wilhelmsr   | 5.72        | 43:08           | 7:32            | 13                    | 9:36                 | 30              | 11:00          | 154.92      | 20:17:52        | 7:51            | 14                    | 4:01:58              | 37              | 5:39:25        |
| VP27 - Wollankst   | 3.02        | 24:58           | 8:16            | 11                    | 6:36                 | 30              | 15:23          | 157.94      | 20:42:50        | 7:52            | 14                    | 3:55:35              | 38              | 13:11:41       |
| Friedrich-Ludwig   | 3.96        | 23:15           | 5:52            | 3                     | 2:50                 | 9               | 2:50           | 161.90      | 21:06:05        | 7:49            | 14                    | 3:53:19              | 35              | 5:45:17        |