



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

evaluación detallada

Grenzläufer

Asociación: Grenzläufer

Dorsal: 10002

recorrido: 161.90 km

100MeilenBerlin - 10+ Staffel

categoría:

10er+ Staffel

tiempo total: 21:20:49

velocidad: 7.54 km/h

rendimiento en carrera: 7:55 min/km

posición en el recorrido/Total: 25 (de 25)

posición en el recorrido/Total: 25 (de 25)

mejor tiempo del recorrido: 11:04:37

posición en la categoría: 25(de 25)

mejor tiempo en la categoría: 11:04:37

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapaposisió min/km | stage score | | | Total score | | | | | | | |
|---------------------|-------------|-----------------|------------------------|-------------|---------|---------|-------------|-----------------|-----------------|----------------------|---------|----------------------|---------|----------|
| | | | | retraso | retraso | retraso | Total km | Total tiempo | Total min/km | posició categoría | retraso | posició categoría | retraso | Total |
| VP1 - Brandenbu | 7.30 | 57:12 | 7:50 | 25 | 28:02 | 25 | 28:02 | 7.30 | 57:12 | 7:50 | 25 | 28:02 | 25 | 28:02 |
| VP2 - East Side C | 6.46 | 59:15 | 9:10 | 25 | 32:42 | 25 | 32:42 | 13.76 | 1:56:27 | 8:27 | 25 | 1:00:17 | 25 | 1:00:17 |
| VP3 - Dammweg | 5.90 | 47:13 | 8:00 | 25 | 21:31 | 25 | 21:31 | 19.66 | 2:43:40 | 8:19 | 25 | 1:21:08 | 25 | 1:21:08 |
| VP4 - Johannisth | 5.64 | 41:43 | 7:23 | 25 | 20:27 | 25 | 20:27 | 25.30 | 3:25:23 | 8:07 | 25 | 1:41:35 | 25 | 1:41:35 |
| VP5 - U-Bahnhof | 5.90 | 43:01 | 7:17 | 23 | 19:26 | 23 | 19:26 | 31.20 | 4:08:24 | 7:57 | 25 | 2:01:01 | 25 | 2:01:01 |
| VP6 - Buckow | 4.92 | 32:12 | 6:32 | 16 | 12:06 | 16 | 12:06 | 36.12 | 4:40:36 | 7:46 | 25 | 2:13:07 | 25 | 2:13:07 |
| VP7 - Kirchhainer | 6.17 | 50:58 | 8:15 | 24 | 25:52 | 24 | 25:52 | 42.29 | 5:31:34 | 7:50 | 25 | 2:38:59 | 25 | 2:38:59 |
| VP8 - Lichtenradi | 4.37 | 31:46 | 7:16 | 22 | 14:56 | 22 | 14:56 | 46.66 | 6:03:20 | 7:47 | 25 | 2:52:11 | 25 | 2:52:11 |
| VP9 - Osdorfer St | 5.71 | 56:12 | 9:50 | 25 | 31:50 | 25 | 31:50 | 52.37 | 6:59:32 | 8:00 | 25 | 3:24:01 | 25 | 3:24:01 |
| VP10 - Sportplatz | 6.50 | 1:07:53 | 10:26 | 25 | 42:54 | 25 | 42:54 | 58.87 | 8:07:25 | 8:16 | 25 | 4:03:30 | 25 | 4:03:30 |
| VP11 - Königsw | 6.22 | 46:59 | 7:33 | 20 | 21:31 | 20 | 21:31 | 65.09 | 8:54:24 | 8:12 | 25 | 4:23:48 | 25 | 4:23:48 |
| VP12 - Gedenkst | 6.85 | 46:15 | 6:45 | 19 | 19:28 | 19 | 19:28 | 71.94 | 9:40:39 | 8:04 | 25 | 4:42:19 | 25 | 4:42:19 |
| VP13 - Brauhaus | 6.88 | 48:53 | 7:06 | 22 | 23:02 | 22 | 23:02 | 78.82 | 10:29:32 | 7:59 | 25 | 5:05:21 | 25 | 5:05:21 |
| VP14 - Revierförs | 5.70 | 51:05 | 8:57 | 25 | 28:18 | 25 | 28:18 | 84.52 | 11:20:37 | 8:03 | 25 | 5:33:39 | 25 | 5:33:39 |
| VP15 - Schloss S | 6.24 | 56:32 | 9:03 | 24 | 31:31 | 24 | 31:31 | 90.76 | 12:17:09 | 8:07 | 25 | 6:05:10 | 25 | 6:05:10 |
| VP16 - Pagel & Fi | 7.60 | 1:13:13 | 9:38 | 24 | 40:52 | 24 | 40:52 | 98.36 | 13:30:22 | 8:14 | 25 | 6:46:02 | 25 | 6:46:02 |
| VP17 - Karolinenl | 4.91 | 27:47 | 5:39 | 9 | 10:12 | 9 | 10:12 | 103.27 | 13:58:09 | 8:06 | 25 | 6:54:33 | 25 | 6:54:33 |
| VP18 - Falkensee | 6.60 | 39:37 | 6:00 | 17 | 15:06 | 17 | 15:06 | 109.87 | 14:37:46 | 7:59 | 25 | 7:03:11 | 25 | 7:03:11 |
| VP19 - Schönwal | 5.95 | 33:30 | 5:37 | 11 | 10:22 | 11 | 10:22 | 115.82 | 15:11:16 | 7:52 | 25 | 7:13:33 | 25 | 7:13:33 |
| VP20 - Grenzturn | 7.60 | 54:13 | 7:08 | 23 | 23:31 | 23 | 23:31 | 123.42 | 16:05:29 | 7:49 | 25 | 7:36:31 | 25 | 7:36:31 |
| VP21 - Ruderclub | 4.78 | 35:45 | 7:28 | 23 | 17:35 | 23 | 17:35 | 128.20 | 16:41:14 | 7:48 | 25 | 7:52:36 | 25 | 7:52:36 |
| VP22 - Frohnau | 4.07 | 29:12 | 7:10 | 20 | 12:41 | 20 | 12:41 | 132.27 | 17:10:26 | 7:47 | 25 | 8:05:17 | 25 | 8:05:17 |
| VP23 - Naturschu | 6.61 | 43:07 | 6:31 | 22 | 16:35 | 22 | 16:35 | 138.88 | 17:53:33 | 7:43 | 25 | 8:20:57 | 25 | 8:20:57 |
| VP24 - Oranienbu | 4.98 | 36:07 | 7:15 | 23 | 16:55 | 23 | 16:55 | 143.86 | 18:29:40 | 7:42 | 25 | 8:36:02 | 25 | 8:36:02 |
| VP25 - Laufftreff l | 5.34 | 34:53 | 6:31 | 20 | 15:00 | 20 | 15:00 | 149.20 | 19:04:33 | 7:40 | 25 | 8:49:56 | 25 | 8:49:56 |
| VP26 - Wilhelmsr | 5.72 | 57:16 | 10:00 | 25 | 36:23 | 25 | 36:23 | 154.92 | 20:01:49 | 7:45 | 25 | 9:25:10 | 25 | 9:25:10 |
| VP27 - Wollankst | 3.02 | 37:11 | 12:18 | 23 | 25:26 | 23 | 25:26 | 157.94 | 20:39:00 | 7:50 | 25 | 9:49:44 | 25 | 9:49:44 |
| Friedrich-Ludwig | 3.96 | 41:49 | 10:33 | 25 | 26:28 | 25 | 26:28 | 161.90 | 21:20:49 | 7:54 | 25 | 10:16:12 | 25 | 10:16:12 |