



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

evaluación detallada

Mecking Dr., Betty

Asociación: Toucan Athletic Club
Dorsal: 304

recorrido: 161.90 km
100MeilenBerlin

categoría:
Seniorinnen W45 (45-49 Jahre)

tiempo total: 23:12:51

velocidad: 6.94 km/h
rendimiento en carrera: 8:36 min/km

posición en el recorrido/Total: 84 (de 319)
posición en el recorrido/Women: 15 (de 62)
mejor tiempo del recorrido: 17:03:32

posición en la categoría: 3(de 13)
mejor tiempo en la categoría: 22:39:33

tiempos parciales

stage score

Total score

| control | etapa km | etapa tiempo | etapaposisió min/km | retraso | | retraso | | Total km | Total tiempo | Total posición min/km | retraso | | retraso | |
|---------------------|----------|--------------|---------------------|---------|-------|---------|-------|----------|--------------|-----------------------|---------|-------|---------|---------|
| | | | | Wome | Women | Wome | Women | | | | Wome | Women | | |
| VP1 - Brandenbu | 7.30 | 46:21 | 6:20 | 4 | 2:01 | 12 | 5:23 | 7.30 | 46:21 | 6:20 | 4 | 2:01 | 12 | 5:23 |
| VP2 - East Side C | 6.46 | 41:19 | 6:23 | 2 | 0:07 | 10 | 6:31 | 13.76 | 1:27:40 | 6:22 | 3 | 2:08 | 12 | 11:54 |
| VP3 - Dammweg | 5.90 | 39:21 | 6:40 | 4 | 4:28 | 19 | 8:24 | 19.66 | 2:07:01 | 6:27 | 3 | 5:44 | 15 | 20:18 |
| VP4 - Johannisth | 5.64 | 37:47 | 6:41 | 4 | 4:56 | 19 | 7:56 | 25.30 | 2:44:48 | 6:30 | 3 | 10:40 | 15 | 28:14 |
| VP5 - U-Bahnhof | 5.90 | 40:44 | 6:54 | 2 | 4:07 | 17 | 9:00 | 31.20 | 3:25:32 | 6:35 | 3 | 14:47 | 16 | 37:14 |
| VP6 - Buckow | 4.92 | 34:25 | 6:59 | 3 | 4:29 | 15 | 6:30 | 36.12 | 3:59:57 | 6:38 | 3 | 16:14 | 16 | 43:44 |
| VP7 - Kirchhainer | 6.17 | 44:09 | 7:09 | 3 | 5:00 | 15 | 8:48 | 42.29 | 4:44:06 | 6:43 | 3 | 21:14 | 16 | 52:32 |
| VP8 - Lichtenradi | 4.37 | 30:52 | 7:03 | 3 | 4:17 | 20 | 7:08 | 46.66 | 5:14:58 | 6:45 | 3 | 23:54 | 16 | 59:40 |
| VP9 - Osdorfer St | 5.71 | 38:59 | 6:49 | 3 | 4:53 | 15 | 6:57 | 52.37 | 5:53:57 | 6:45 | 3 | 27:37 | 16 | 1:05:39 |
| VP10 - Sportplatz | 6.50 | 58:03 | 8:55 | 3 | 17:17 | 17 | 21:37 | 58.87 | 6:52:00 | 6:59 | 3 | 41:09 | 16 | 1:26:27 |
| VP11 - Königsw | 6.22 | 47:16 | 7:35 | 1 | - | 10 | 10:20 | 65.09 | 7:39:16 | 7:03 | 3 | 37:38 | 15 | 1:31:29 |
| VP12 - Gedenkst | 6.85 | 53:42 | 7:50 | 3 | 4:38 | 16 | 12:42 | 71.94 | 8:32:58 | 7:07 | 3 | 42:16 | 14 | 1:40:51 |
| VP13 - Brauhaus | 6.88 | 1:03:42 | 9:15 | 5 | 8:22 | 25 | 20:25 | 78.82 | 9:36:40 | 7:18 | 3 | 50:38 | 16 | 1:57:41 |
| VP14 - Revierförs | 5.70 | 49:43 | 8:43 | 3 | 1:44 | 19 | 10:19 | 84.52 | 10:26:23 | 7:24 | 3 | 51:13 | 16 | 2:03:58 |
| VP15 - Schloss S | 6.24 | 1:10:00 | 11:13 | 5 | 6:59 | 22 | 29:45 | 90.76 | 11:36:23 | 7:40 | 3 | 53:29 | 16 | 2:33:43 |
| VP16 - Pagel & Fi | 7.60 | 1:07:59 | 8:56 | 3 | 5:52 | 18 | 15:19 | 98.36 | 12:44:22 | 7:46 | 3 | 55:55 | 16 | 2:49:02 |
| VP17 - Karolinenl | 4.91 | 42:48 | 8:43 | 3 | 2:07 | 16 | 11:30 | 103.27 | 13:27:10 | 7:48 | 2 | 58:01 | 15 | 3:00:32 |
| VP18 - Falkensee | 6.60 | 55:12 | 8:21 | 2 | 0:22 | 12 | 13:59 | 109.87 | 14:22:22 | 7:50 | 2 | 52:30 | 15 | 3:14:31 |
| VP19 - Schönwal | 5.95 | 56:33 | 9:30 | 3 | 3:32 | 17 | 18:44 | 115.82 | 15:18:55 | 7:56 | 2 | 47:55 | 16 | 3:27:40 |
| VP20 - Grenzturn | 7.60 | 1:17:10 | 10:09 | 4 | 12:40 | 21 | 28:45 | 123.42 | 16:36:05 | 8:04 | 2 | 45:48 | 16 | 3:56:25 |
| VP21 - Ruderclub | 4.78 | 54:18 | 11:21 | 6 | 7:34 | 23 | 21:24 | 128.20 | 17:30:23 | 8:11 | 2 | 50:29 | 16 | 4:17:49 |
| VP22 - Frohnau | 4.07 | 41:08 | 10:06 | 5 | 5:07 | 20 | 14:52 | 132.27 | 18:11:31 | 8:15 | 2 | 53:23 | 16 | 4:32:18 |
| VP23 - Naturschu | 6.61 | 1:05:22 | 9:53 | 4 | 8:33 | 17 | 19:18 | 138.88 | 19:16:53 | 8:19 | 2 | 39:20 | 15 | 4:51:09 |
| VP24 - Oranienbu | 4.98 | 50:25 | 10:07 | 4 | 4:53 | 21 | 16:45 | 143.86 | 20:07:18 | 8:23 | 3 | 34:57 | 15 | 5:07:54 |
| VP25 - Laufftreff l | 5.34 | 53:07 | 9:56 | 3 | 7:22 | 21 | 17:03 | 149.20 | 21:00:25 | 8:26 | 3 | 29:17 | 15 | 5:22:45 |
| VP26 - Wilhelmsr | 5.72 | 55:12 | 9:39 | 3 | 8:46 | 21 | 17:16 | 154.92 | 21:55:37 | 8:29 | 3 | 21:59 | 15 | 5:40:01 |
| VP27 - Wollankst | 3.02 | 36:37 | 12:07 | 4 | 8:32 | 30 | 15:13 | 157.94 | 22:32:14 | 8:33 | 3 | 25:14 | 15 | 5:53:06 |
| Friedrich-Ludwig | 3.96 | 40:37 | 10:15 | 6 | 11:14 | 33 | 18:26 | 161.90 | 23:12:51 | 8:36 | 3 | 33:18 | 15 | 6:09:19 |