



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## evaluación detallada

**MICHAELI, DALIA**

Asociación: 5854922

Dorsal: 311

recorrido: 161.90 km

100MeilenBerlin

categoría:

Seniorinnen W60 (60-64 Jahre)

tiempo total: 28:48:05

velocidad: 5.59 km/h

rendimiento en carrera: 10:40 min/km

posición en el recorrido/Total: 218 (de 319)

posición en el recorrido/Women: 43 (de 62)

mejor tiempo del recorrido: 17:03:32

posición en la categoría: 2(de 3)

mejor tiempo en la categoría: 25:29:02

### tiempos parciales

### stage score

### Total score

control	etapa km	etapa tiempo	etapaposisió min/km	retraso			retraso			Total km	Total tiempo	Total min/km	posición			retraso					
				Wome	Women	Women	Wome	Women	Women				Wome	Women	Women						
VP1 - Brandenbu	7.30	50:34	6:55	2	1:55	27	9:36	7.30	50:34	6:55	2	1:55	27	9:36	7.30	50:34	6:55	2	1:55	27	9:36
VP2 - East Side C	6.46	46:58	7:16	2	1:50	31	12:10	13.76	1:37:32	7:05	2	3:45	29	21:46	13.76	1:37:32	7:05	2	3:45	29	21:46
VP3 - Dammweg	5.90	42:51	7:15	2	6:26	34	11:54	19.66	2:20:23	7:08	2	10:11	29	33:40	19.66	2:20:23	7:08	2	10:11	29	33:40
VP4 - Johannisth	5.64	43:18	7:40	2	7:28	35	13:27	25.30	3:03:41	7:15	2	17:39	30	47:07	25.30	3:03:41	7:15	2	17:39	30	47:07
VP5 - U-Bahnhof	5.90	46:55	7:57	3	8:13	39	15:11	31.20	3:50:36	7:23	2	25:52	34	1:02:18	31.20	3:50:36	7:23	2	25:52	34	1:02:18
VP6 - Buckow	4.92	42:09	8:34	3	9:14	41	14:14	36.12	4:32:45	7:33	2	35:06	33	1:16:32	36.12	4:32:45	7:33	2	35:06	33	1:16:32
VP7 - Kirchhainer	6.17	1:00:59	9:53	3	20:31	50	25:38	42.29	5:33:44	7:53	3	55:37	38	1:42:10	42.29	5:33:44	7:53	3	55:37	38	1:42:10
VP8 - Lichtenradi	4.37	39:16	8:59	3	9:58	44	15:32	46.66	6:13:00	7:59	3	1:05:35	41	1:57:42	46.66	6:13:00	7:59	3	1:05:35	41	1:57:42
VP9 - Osdorfer St	5.71	49:44	8:42	3	12:01	44	17:42	52.37	7:02:44	8:04	3	1:17:36	44	2:14:26	52.37	7:02:44	8:04	3	1:17:36	44	2:14:26
VP10 - Sportplatz	6.50	1:25:01	13:04	3	38:38	50	48:35	58.87	8:27:45	8:37	3	1:56:14	44	3:02:12	58.87	8:27:45	8:37	3	1:56:14	44	3:02:12
VP11 - Königsw	6.22	53:51	8:39	1	-	29	16:55	65.09	9:21:36	8:37	3	1:41:14	42	3:13:49	65.09	9:21:36	8:37	3	1:41:14	42	3:13:49
VP12 - Gedenkst	6.85	1:06:47	9:44	3	13:18	39	25:47	71.94	10:28:23	8:44	3	1:54:32	41	3:36:16	71.94	10:28:23	8:44	3	1:54:32	41	3:36:16
VP13 - Brauhaus	6.88	1:20:52	11:45	3	26:24	47	37:35	78.82	11:49:15	8:59	3	2:20:56	41	4:10:16	78.82	11:49:15	8:59	3	2:20:56	41	4:10:16
VP14 - Revierförs	5.70	58:51	10:19	3	2:26	37	19:27	84.52	12:48:06	9:05	3	2:23:22	41	4:25:41	84.52	12:48:06	9:05	3	2:23:22	41	4:25:41
VP15 - Schloss S	6.24	1:07:14	10:46	1	-	18	26:59	90.76	13:55:20	9:12	3	1:46:16	40	4:52:40	90.76	13:55:20	9:12	3	1:46:16	40	4:52:40
VP16 - Pagel & Fi	7.60	1:21:30	10:43	2	1:48	32	28:50	98.36	15:16:50	9:19	3	1:48:04	38	5:21:30	98.36	15:16:50	9:19	3	1:48:04	38	5:21:30
VP17 - Karolinenl	4.91	57:13	11:39	1	-	46	25:55	103.27	16:14:03	9:25	2	1:47:23	38	5:47:25	103.27	16:14:03	9:25	2	1:47:23	38	5:47:25
VP18 - Falkensee	6.60	1:24:51	12:51	3	14:08	48	43:38	109.87	17:38:54	9:38	2	2:01:31	38	6:31:03	109.87	17:38:54	9:38	2	2:01:31	38	6:31:03
VP19 - Schönwal	5.95	1:23:50	14:05	3	14:58	48	46:01	115.82	19:02:44	9:51	3	2:16:29	40	7:11:29	115.82	19:02:44	9:51	3	2:16:29	40	7:11:29
VP20 - Grenzturn	7.60	1:42:05	13:25	2	24:23	46	53:40	123.42	20:44:49	10:05	2	2:40:52	39	8:05:09	123.42	20:44:49	10:05	2	2:40:52	39	8:05:09
VP21 - Ruderclub	4.78	1:11:09	14:53	2	2:28	43	38:15	128.20	21:55:58	10:15	2	2:43:20	39	8:43:24	128.20	21:55:58	10:15	2	2:43:20	39	8:43:24
VP22 - Frohnau	4.07	1:00:56	14:58	3	15:27	50	34:40	132.27	22:56:54	10:24	2	2:58:47	39	9:17:41	132.27	22:56:54	10:24	2	2:58:47	39	9:17:41
VP23 - Naturschu	6.61	1:24:38	12:48	2	14:21	39	38:34	138.88	24:21:32	10:31	2	3:13:08	39	9:55:48	138.88	24:21:32	10:31	2	3:13:08	39	9:55:48
VP24 - Oranienbu	4.98	58:27	11:44	2	4:42	32	24:47	143.86	25:19:59	10:33	2	3:17:50	39	10:20:35	143.86	25:19:59	10:33	2	3:17:50	39	10:20:35
VP25 - Laufftreff l	5.34	1:03:08	11:49	1	-	38	27:04	149.20	26:23:07	10:36	2	3:15:57	39	10:45:27	149.20	26:23:07	10:36	2	3:15:57	39	10:45:27
VP26 - Wilhelmsr	5.72	1:04:30	11:16	1	-	42	26:34	154.92	27:27:37	10:38	2	3:12:37	40	11:12:01	154.92	27:27:37	10:38	2	3:12:37	40	11:12:01
VP27 - Wollankst	3.02	38:49	12:51	2	3:18	35	17:25	157.94	28:06:26	10:40	2	3:15:55	42	11:27:18	157.94	28:06:26	10:40	2	3:15:55	42	11:27:18
Friedrich-Ludwig	3.96	41:39	10:31	3	3:08	37	19:28	161.90	28:48:05	10:40	2	3:19:03	43	11:44:33	161.90	28:48:05	10:40	2	3:19:03	43	11:44:33